

RESEARCH DAY 2026 AGENDA

9 - 10am	Presenter Check in, put up posters	
9:45am	Refreshment Break with Exhibits Complimentary Head Shots Available throughout the day	
10-11:20am	Annual Business Meeting	
11:30 - 1:00pm	Resident & Student Content	
11:30 - 12:15	Financial Wellbeing	
12:15 - 1:00	Leadership workshop	
11:30 - 12:30	Concurrent CME Session	
12:30 - 1:00	Concurrent CME Session	
1:00 - 3:00pm	LUNCH for all conference attendees	
1:30 - 2:15pm	RIG Posters & Podium Presentations	
2:15- 3:00pm	Research Day Poster Session	
2:00 - 2:45	Concurrent CME Session	
2:45 - 3:00	Refreshment Break & Research Day Posters	
3:00 - 3:45	Concurrent CME Session	
3:15 - 5:00pm	Concurrent Research Day Presentations	
3:20 - 3:35	Presentation 1	Rm 1
3:20 - 3:35	Presentation 2	Rm 2
3:35 - 3:50	Presentation 3	Rm 1
3:35 - 3:50	Presentation 4	Rm 2
3:50 - 4:05	Presentation 5	Rm 1
3:50 - 4:05	Presentation 6	Rm 2
4:05 - 4:20	Presentation 7	Rm 1
4:05 - 4:20	Presentation 8	Rm 2
4:20 - 4:35	Presentation 9	Rm 1
4:20 - 4:35	Presentation 10	Rm 2
4:35 - 4:50	Presentation 11	Rm 1
4:35 - 4:50	Presentation 12	Rm 2
3:50 - 4:50	Concurrent CME Session	
5:10pm	Research Day Awards	