

RIG Clinical Innovations

#1

Evaluation of Pharmacist-Led Tobacco Use Disorder Program in a Family Medicine Residency Clinic

Authors: Allie Hamilton, MD; Devon Hess, PharmD, MBA; Samantha De Jesus, MD; James Mercuri, LCSW; Justine Bensur, DO; Sanketh Proddatur, MD; Marianne Koenig, PharmD, BCPS

Presenter: Allie Hamilton, MD

UPMC St. Margaret Family Medicine Residency

#2

Group Visits as a Tool for Patient Care and Resident Education: Implementing Lifestyle Medicine and Centering Pregnancy

Authors: Maia Mandel, MD; Ivel Morales, MD; Christina Boras, MD; Martina Knechel, MD; Munifa King, MD

Presenter: Maia Mandel, MD and Ivel Morales, MD

Thomas Jefferson University Hospital Family and Community Medicine Residency

#3

Improving Glycemic Control in Prediabetes

Authors: Richard Easterling MD, Ming Jang MD, Katrina De Vries CRNP

Presenter: Richard Easterling, MD

Lancaster General Hospital

RIG Community Health Outreach Projects

#4

“South Wilkes Barre Little Readers”: Creation of an Early Literacy Program for Pediatric Patients in the South Wilkes-Barre Community

Authors: Coyne, Shannon, DO; Pacyna, Michelle, DO; Zubricky, Pallavi, MD; Terrana, Mia, DO; Woloski, Jason, MD

Presenter: Shannon Coyne, DO

Geisinger Kistler Family Medicine Residency

#5

Addressing Unemployment and the Healthcare Shortage Through Teen Empowerment

Authors: Hannah Apfelbaum, MD; Caitlin Matthis, DO

Presenter: Hannah Apfelbaum, MD

Caitlin Matthis, DO

UPMC Washington Family Medicine Residency

#6

Bridging the Gap: Community Health Outreach During First Friday Events

Authors: Laura Newhouser, DO, FAAFP; Julie Xanthopoulos, MD, PhD, FHM

Presenter: Mandy Maneval, MD, PhD, FAAFP

Geisinger Lewistown Rural Family Medicine Residency

RIG Community Health (continued)

#7

Caring Without Borders: A Wellness Initiative to support International Medical Graduates (IMGs)

Authors: Ilham Umar MD, MSc, Ramsha Mahmood MD, Nicholas Buckwalter MD, Nicole Pfaff MA, PhD, LPC, NBCC

Presenter: Ilham Umar, MD and Ramsha Mahmood, MD

WellSpan Health/ Good Samaritan Hospital

#8

Diabetes equity in Lehigh Valley: Recruitment for a national diabetes prevention program train the trainer model

Authors: Carolyn Peterseim, MD; Autumn Kieber-Emmons, MD; Rachel Apiolaza

Presenter: Miguel Chuidian, MD

Lehigh Valley Health Network Family Medicine Residency (Allentown)

#9

Efficacy of an Inner-City Cardiovascular Risk Reduction Program

Authors: Nadirah Waites, MD; Laura Igarabuza, MD

Presenter: Nadirah Waites, MD

Temple Family and Community Medicine

#10

Faith And Health Project: A Church-Based Cardiometabolic Health Intervention at an Urban Church in York, PA

Authors: Claire Wilson Waring MD; Katie McCauley MD; Oluwatomi Uwazota MD, MPH, DiaBLM, FAAFP.

Presenter: Oluwatomi Uwazota, MD and Stacey Robert, MD

WellSpan York Hospital Family Medicine Residency Program

#11

From Clinic to Community: A Community Health Fellowship for Residency Training

Authors: Zakary Newberry, MD; Leesha Helm, MD, MPH; Shalinie Dowlatram, MPH; Jennifer Moss, PhD

Presenter: Zakary Newberry, MD

Milton S. Hershey Medical Center

#12

Improving Access to Healthcare in the LGBTQIA+ community

Authors: Jammalamadaka, Soujanya, MD, MPH, Scaramia, Anthony, MD, de Boer, Sean, MD, Roussel, Christine, PharmD, Eck, Allison, DHA, Smith, Regina, MBA, Director of Cancer Services, Blore, Scott, MD

Presenter: Soujanya Jammalamadaka, MD and Anthony Scaramia, MD

Penn Medicine Doyelstown Hospital

RIG Community Health (continued)

#13

Incorporating Refugee Education Sessions into Penn Family Medicine Community Medicine Curriculum

Authors: Ewen Liu, MD; Emily Babb, MD; Saad Siddiqui, MD; Kristine Pamela Garcia, MD, AAHIVS

Presenter: Ewen Liu, MD and Emily Babb, MD

Penn Family Medicine Residency

#14

The Rainbow Connection: Forging Relationships to Provide Comprehensive Primary Care to Centre County LGBT+ Community

Authors: Anveshi G. Guha, MD; Gretchen E. Maurer, DO; Angie K. Morrison, BS

Presenter: Anveshi Guha, MD

Penn State Health Mt Nittany FMR

#15

Thriving Together: Utilizing Multifactorial Resources to Combat Poverty in Blair County

Authors: Morgan Decker, DO; Christopher Godissart, DO; Pauletta Jordan, DO; Kirtan Kadia, MD; Kaylee Kriner, DO; Danielle Theis, MD; Donald Beckstead, MD; Victoria Devan, DO; Lynn Rogers LCSW; Terry Ruhl, MD; Kathleen Woods, MD

Presenter: Pauletta Jordan, DO

UPMC Altoona

#16

Tumbling Onward to Clean Health

Authors: Phia Martinez, MD, Esther Acevedo Rosa, MD, Rehab Tabchi, DO

Presenter: Phia Martinez, MD and Esther Acevedo Rosa, MD

St. Luke's University Health Network, Family Medicine - Sacred Heart Campus

#17

When healthcare becomes more than medicine.

Authors: Graciela Dibra, MD; Rehab Tabchi, DO

Presenter: Graciela Dibra, MD

St. Luke's University Health Network, Family Medicine, Sacred Heart Campus

RIG Maternal Health

#18

Advancing Care in Hypertensive Disorders of Pregnancy

Authors: Kimberly Jayne MD, Brianna Moyer MD, David Reynoso MD

Presenter: Kimberly Jayne, MD and Brianna Moyer, MD

Penn Medicine Lancaster General Hospital

RIG Maternal Health (continued)

#19

Improving Completion of the IMPLICIT Interconception Care Questionnaire at Well-Child Checks

Authors: Jennifer Moss, PhD; Shaline Dowlatram, MPH; Andrew Lutzkanin, MD

Presenter: Maria Fowler, MD and Hayley Sholansky, MD

Penn State Hershey Family & Community Medicine Residency

#20

The Fourth Trimester Kits

Authors: Shehar Bano Awais MD, Muhammad Hamza Bangash MD, Rida Ahmed MD, Pratiti Roy DO, Hayley Ryan DO, Elizabeth Tupper MD, Nicole Pfaff PhD LPC, Sukhjeet Kamboj MD FAAFP

Presenter: Shehar Bano Awais, MD and Muhammad Hamza Bangash, MD

WellSpan Good Samaritan Hospital

RIG Nutrition/Lifestyle

#21

Cooking Up Competence: Enhancing Family Medicine Residents' Nutrition Competency Through Hands-On Culinary Medicine

Authors: Gabrielle Beck, DO

Presenter: Gabrielle Beck, DO

Latrobe Hospital Family Medicine Residency

#22

Fit For Life Clinic – A Holistic Approach to Promote Weight Loss

Authors: Nathaniel Britton MD, Adona Pjetergjoka DO, Christy Lee MD, Tomomi Mitsuzuka MD, Shailee Patel MD, Tu Le DO, Renata Carneiro PhD

Presenter: Nathaniel Britton, MD

St. Luke's University Health Network Family Medicine Residency Bethlehem

#23

Lifestyle Medicine for Shelter Communities: Empowering Wellness Through Education

Authors: Benjamin Wenger, DO. Bridget Smith, DO. Gregory Dobash, MD.

Presenter: Benjamin Wenger, DO and Bridget Smith, DO

St. Luke's Carbon Rural Family Medicine Residency

#24

Nourish to Flourish: A Culinary Medicine Initiative

Authors: Kaelor Gordon, DO; Christina Shawdy Sedaghat, DO; Christina Scarotzzi, DO; Shalinie Dowlatram, MPH

Presenter: Kaelor Gordon, DO

Penn State Health St Joseph Family and Community Medicine Residency Program

RIG Nutrition/Lifestyle (continued)

#25

Providing Folding Carts to Decrease the Burden of Food Insecurity

Authors: Mary Paul, Brenden Sante, Karagan Mulhall, Stephanie Miller

Presenter: Karagan Mulhall, MD and Mary Paul, DO

Forbes Family Medicine

#26

Rx: Real Food - Culinary Medicine as First-Line Care

Authors: Dr. Laksh Mital, M.D./Dr. Emily Means-Bonadio, D.O./Dr. Tyler Mattocks, D.O./Dr. Zaid El-Fanek, D.O.

Presenter: Laksh Mital, M.D. and Tyler Mattocks, D.O.

Meadville Medical Center Family Medicine Residency

#27

The Nourished Home: A Community-Based Approach to Addressing Food Insecurity and Promoting Childhood Nutrition

Authors: Maria Gioia, DO , Melissa Castello, MSCP , Durand Nguyen, OMS-3

Presenter: Tashi Bharathan, DO and Rachel Kennedy, DO

Forbes Family Medicine

#28

Vital Roots: UPMC Williamsport Lifestyle Medicine Teaching Kitchen

Authors: Taylor Rider DO PGY3, Kelly Weiss DO PGY3, Elizabeth Anderson MD, Adwoa Boahene MD

Presenter: Taylor Rider, DO and Kelly Weiss, DO

UPMC Williamsport Family Medicine Residency

RIG Building Capacity for Procedures in Family Medicine

#29

Analysis of Point of Care Ultrasound (POCUS) Across Resident Training Sites

Authors: Adam Rockter, MD; Mark Cohee, MD

Presenter: Adam Rockter, MD and Mark Cohee, MD

Allegheny Health Network Forbes Family Medicine

#30

Diabetic Retinopathy screening through Fundoscopic Camera at St.Mary Family Medicine, Bensalem.

Authors: Dr. David Berdy, Dr. Jay Talluri, Dr. Rafael Paraga Silguero, Dr. Amir Basta, Dr.Jie Cao.

Presenter: Jay Talluri, MD and Rafael Parraga Silguero, MD

St.Mary Medical Center Family Medicine Program

#31

Expanding Use of POCUS in Community Settings by FM Residents

Authors: Natalia Mullins, MD & Stacey Robert, MD

Presenter: Stacey Robert, MD

Wellspan York Hospital Family Medicine Residency

RIG Procedures (continued)

#32

Focus on POCUS: Integration of Ultrasound into Family Medicine Residency Curriculum

Authors: Priyanka Aggarwal, Timothy Pelkowski, Brian Sohl

Presenter: Brian Sohl, MD and Brianna Huff, DO

Saint Vincent Family Medicine Residency Program

#33

Integration of Clinical Technology to Improve Diabetic Retinopathy Screening Rates and Primary Care Access in an Urban Community

Authors: Astrid Rosario Riollano, MD, George Hseeh, MD, Andrew J. Goodbred, MD, Sara Baig, MD.

Presenter: Astrid Rosario Riollano, MD and George Hseeh, MD

St. Luke's Anderson Family Medicine Residency

#34

Integration of Point-of-Care Ultrasound Training in a Residency Program and Patient Impact

Authors: James Weiss, MD, Rachel Jurcoi, MD

Presenter: Rachel Jurcoi, MD and James Weiss, MD

Jefferson Einstein Family Medicine Residency

#35

Utilization of Screening for Diabetic Retinopathy through Retinal Scanning Technology

Authors: Jacob Hayton, DO; Lindsay Heiple, DO

Presenter: Jacob Hayton, DO

Heritage Valley Family Medicine Residency