

Spring CONNECT Conference Agenda\*

April 3-4, 2026

## Wind Creek Bethlehem

- **Faculty Disclosure** - All faculty participating in this continuing medical education activity are expected to disclose any real or apparent conflict(s) of interest related to the content of their presentation(s). Full disclosure of faculty relationships will be made at the activity. Any reported conflicts of interest were cleared prior to this event.
- **Independent Practice Physicians** - Look for the specially marked tables in the session rooms for the opportunity to join your colleagues, brainstorm ideas and problem-solve the many issues you face on a daily basis.

## KEY

\*Agenda Subject to Change

<p>7:45 – 9:45 am</p> <p><b>Recognizing and Responding to Children at Risk - </b></p>	<p>8 – 8:45 am</p> <p><b>Lifestyle Medicine </b></p> <p>Mihir Modi, DO, FAAFP, DipABLM, Wellspan York</p>	
	<p>8:45 – 9:30 am</p> <p><b>ABFM Update </b></p> <p>Gary LeRoy, MD and Ashley Webb</p>	
<p>9:45 am</p> <p><b>Refreshment and Exhibits</b></p> <p><b>(Photos with the Easter Bunny!)</b></p>		
<p>10 – 11:20 am</p> <p><b>ANNUAL BUSINESS MEETING</b></p> <ul style="list-style-type: none"> <li>• AAFP Update – R. Shawn Martin, AAFP Executive Vice President and CEO</li> <li>• Elections / Installation of President and Officers</li> <li>• Degree of Fellow</li> </ul>		
<p>11:30 am – 12:30 pm</p> <p><b>Striking a Balance: Understanding Pain Management and Opioids – Part 1 </b></p> <p><b>PS</b></p>	<p>11:30 am – 12:30 pm</p> <p><b>Perinatal Patients and Opioids </b></p> <p>Marissa Beal, DO and Taffy Anderson, MD; Penn State Hershey</p>	<p>11:30 am – 1 pm</p> <p><b>Where Do I Even Start? The New Physicians' Personal Finance To-Do List (45 min)</b></p> <p>David Humphrey, MD, MBA and Courtney Humphrey, MD, FAAFP, St. Luke's Family Medicine Center, Bethlehem</p> <p><b>Leading While You Learn: Leadership Pearls for Students and Residents (45 minutes)</b></p> <p>Andrew Lutzkanin, MD, Penn State Hershey, Hershey</p>
<p>1:10 – 3 pm</p> <p><b>LUNCH</b></p> <p>All encouraged to attend. Lunch will feature Research Day and Residency Impact Grant Poster Presentations (CME)</p>		
<p>2 - 2:45 pm</p> <p><b>Pediatric Generalized Anxiety Disorder </b></p> <p>Anupriya Grover-Wenk, DO, M.MED.Ed; Sidney Kimmel Medical College at Thomas Jefferson University, Philadelphia, PA</p>	<p>2 – 2:45 pm</p> <p><b>Workplace Drug Testing: Essential Knowledge for Family Physicians Prescribing Controlled Substances </b></p> <p>Kenneth Lankin, MD, MBA, MPH, FACOEM; Jefferson Health, Philadelphia, PA</p>	<p>2:45 – 3 pm</p> <p><b>Poster Sessions, Refreshment, Exhibit Break</b></p>
<p>3 – 3:30 pm</p> <p><b>Update in Hyperlipidemia/ASCVD </b></p> <p>William Callahan, DO, Abington Family Medicine Residency, Jenkintown, PA</p>	<p>3 – 3:30 pm</p> <p><b>Update in Major Depressive Disorder in Adults</b></p> <p>Anupriya Grover-Wenk, DO, M.MED.Ed; Sidney Kimmel Medical College at Thomas Jefferson University, Philadelphia, PA</p>	<p>3:15 – 5 pm</p> <p><b>RESEARCH DAY PRESENTATIONS </b></p> <p>Students, Residents, and Physicians/Fellows present their original research projects</p>

<p>3:45 – 4:45 pm</p> <p><b>Striking a Balance: Understanding Pain Management and Opioids - Part 2 PS</b></p>	<p>3:45 – 4:45 pm</p> <p><b>Palliative Care vs. Hospice...What's the Difference? PS</b></p> <p>Lauren Nicholls, MD, FAAFP Geisinger Community Medical Center, Scranton, PA</p>	
<p>5:10 pm</p> <p><b>Research Day Awards Reception</b></p>		