

Adventures in Family Medicine Conference

DRAFT AGENDA (subject to change)
Camelback Mountain Resort
September 10 – 12, 2020

THURSDAY, SEPTEMBER 10

10:45 AM	Registration
11 AM – 12:00 PM	Welcome and Opening - Overview of the program and what to expect (Grab-n-Go lunch available)
12 PM – 1 PM	EXTREMITIES AND ORTHOPEDICS - Part 1 - Anatomy on the below segments
1 – 5 PM (There will be a 15 minute break built in)	<p>EXTREMITIES AND ORTHOPEDICS - Part 2 – Scenarios (Fractures, Dislocations, Sprains) This segment will cover treatment options in a given circumstance, i.e., in the office, on the field, in the woods, etc.</p> <p>Dislocations: Shoulders (including mention of Burners and Stingers) Patella Elbow</p> <p style="text-align: center;">Fracture Management and Improvisational Splinting Techniques</p>
5:30 – 6:30 PM	Dinner on the patio at Berrelli's Italian (CME)
6:45 PM	<p>Mountain-scape - Imagine being lost in the woods without a map or compass and only your wits and know-how to get out. Join this fun 'adventure' in our outdoor escape room. Which group will find their way to safety in the allotted time??? All are invited. Refreshments afterwards.</p> <p>(This is a safe, fun program that'll be suitable for all ages. No one will actually be sent out into the woods to get lost, except maybe a few PAFP staffers ☺)</p>

FRIDAY, SEPTEMBER 11

8:00 AM – 8:30 AM	Yoga on the Mountain
8:45 AM – 10 AM	<p>MEDICAL EMERGENCIES – Part 1 (inside)</p> <p>Traveler's Diarrhea D. Scott McCracken, MD, FAAFP, FAWM</p> <p>Plant Dermatitis and Sunscreens/ Sunburn / Solar Dermatitis Rachel Day, MD, Summit Plastic Surgery and Skin Care Center, Chambersburg, PA</p> <p>Cold Injuries / Hyperthermia Linda Laskowski Jones, MS, APRN, ACNS-BC, CEN, NEA-BC, FAWM, FAAN</p>
	MEDICAL EMERGENCIES – Part 2 (Outside)

10 AM – 12:30 PM	Edible and poisonous wild plants Homeostasis and Fluid Resuscitation Hemorrhage Control Tiffany Leonard, MD, FAAFP
12:30 - 1:30 PM	Family picnic lunch and hike – join us while we search for “itchy and poisonous” plants discussed earlier in the morning. (CME)
1:30 – 3:30 PM	Group activity TBD – Appalachian Express, Zip line, Pocono Pipeline, Treetop Adventure, Mountain Segway, Adventure Ropes ----- MEDICAL EMERGENCIES – II
3:30 – 6 PM	Bites and Stings Head Trauma Spinal Trauma Field Evaluation of Abdominal Pain
6:15 PM	Firebuilding for the novice and other scouting tips - Followed by s’mores around the campfire
7:15 – 8:45 PM	Austere Medicine– A Stethoscope in the Wilds Robert Lennon, MD, Penn State Health, Hershey, PA

SATURDAY, SEPTEMBER 12

8:00 – 8:30 AM	Breakfast
8:30 – 10:15 AM	Sports MedFest Jeff Zlotnick, MD, Penn State St. Joseph Health System, Reading, PA
10:15 – 11:15 AM	Insect Borne Illnesses Gregory Dobash, MD, St. Luke’s Health System
11:15 – 11:30 AM	Refreshment and check out break
11:30 – 12:15 PM	Blisters and Foot Dermatitis
12:15 – 1:15 PM	Rejenerative Medicine, Cartilage Replacement, Injections of Knee (Drs. Day and Zlotnick) Boxed lunch will be available

20 hours of CME

Afternoon optional activities

Nature Hike on the Rail Bed Walking Trail) – all invited.

Reptiles and Animals – local sanctuary involvement to bring critters possibly.