

ERIE CME AGENDA – NOVEMBER 8-10, 2013

Credit Statement: This Live activity, Erie CME Conference, with a beginning date of November 8, 2013, has been reviewed and is acceptable for up to 15 Prescribed credits by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Maximum amount of credit that can be reported from this conference is 16.50 which includes the REMS session, approved for 1.5 prescribed credits as a separate lecture on Saturday, November 9.

Faculty Disclosure - All faculty participating in continuing medical education activities sponsored by the PAFP Foundation are expected to disclose to the activity audience any real or apparent conflict(s) of interest related to the content of their presentation(s). Full disclosure of faculty relationships will be made at the activity. Any reported conflicts of interest were cleared prior to this event.

Friday, November 8	
7 - 8 am Foyer	Registration and continental breakfast
8:00 am–4:00 pm Room 140	SAM Study Group – Mental Health in the Community <i>(Content applicable for 2 hours of patient safety credits.)</i> Drs. Gary Levine and Benjamin Gersh, East Carolina University, Greenville, NC
8:30 - 9:30 am Room 130	Pre-Diabetes Self-Management Support (Patient Safety) William Sonnenberg, MD, Titusville, PA <i>(This session will be streamed live over the internet and also available online after the conference.)</i> <ul style="list-style-type: none"> • Identify recommended screening procedures to diagnose prediabetes; • Discuss using an EHR to support pre-diabetes care management, including problem list and patient self-management documentation; • Confidently set appropriate self-management targets for patients.
9:30 – 10 am Foyer area	Exhibitor Refreshment Break
10:00 – 11:00 am Room 130	Benign Prostatic Hyperplasia (BPH) Robert C. Langan, MD, St. Luke’s Family Medicine Center, Bethlehem, PA <i>(This session will be streamed live over the internet and also available online after the conference.)</i> <ul style="list-style-type: none"> • Obtain appropriate history to score the severity of the disease; • Perform appropriate exam and refer for testing or consultation to determine extent of disease; • Monitor response to therapy and be able to adjust therapy as needed.
11:15 –12:15 pm Room 130	Vaccine Potpourri (Patient Safety) Bruce Gebhardt, MD, St. Vincent Health System, Erie, PA <i>(This session will be streamed live over the internet and also available online after the conference.)</i> <ul style="list-style-type: none"> • Know the latest recommendations for influenza, pneumococcal, meningococcal and HPV vaccines; • Identify two critical benchmarks for office evaluation of vaccine storage and handling; • Describe one intervention that can be utilized with VFC providers to eliminate vaccine storage and handling deficiencies. • Be able to identify travel vaccines within three categories: Routine, Recommended and Required; • Be able to describe the factors included in an individual’s travel risk assessment.
12:20 – 1:15 pm	Lunch with Exhibitors (Foyer)

<p>1:20 – 2:20 pm Room 130</p>	<p>Traumatic Brain Injury in Adolescents (<i>Patient Safety</i>) William Sonnenberg, MD, Titusville, PA <i>(This session will be streamed live over the internet and also available online after the conference.)</i></p> <ul style="list-style-type: none"> Effectively interview and obtain historical information regarding the extent of the injury and symptoms post injury; Perform an appropriate physical examination to determine the extent of the injury; Order appropriate tests and determine follow up and criteria for return to usual activity.
<p>2:20 – 3:00 pm Foyer area</p>	<p>Social with Exhibitors followed by prize drawings</p>
<p>3:00 – 4:00 pm Room 130</p>	<p>Pediatric Ophthalmologic Emergencies Christin Sylvester, DO, Children’s Hospital of Pittsburgh <i>(This session will be streamed live over the internet and also available online after the conference.)</i></p> <ul style="list-style-type: none"> Know the difference between a true eye emergency, an urgent eye problem and a routine eye problem; Options for those injuries that can be treated in your office; Learn the consultation guidelines for the optimal care of children with ophthalmologic emergencies; Know when to refer and why.
<p>4:15 – 5:15 pm Room 130</p>	<p>Prescription Drugs in America: Are We Really Doing No Harm? (<i>Patient Safety</i>) Bob Stutman, Retired DEA, Boca Raton, FL <i>(This session will be streamed live over the internet and also available online after the conference.)</i></p> <ul style="list-style-type: none"> Explain substance abuse statistics and trends in 2013 and how they differ from previous generations; Explain and identify actions medical professionals can take to better identify and prevent prescription drug misuse/abuse and diversion.
<p>6 pm Ballroom</p>	<p>Erie Cooks! PAFP Foundation has partnered with the host of this event, the Erie Times Publishing Company for a fun and entertaining evening! The expo will feature a 2 hour expo event with local Erie vendors and food tastings followed by a special live 1 ½ hour cooking show with Executive Chef Jon Ashton as he shows off his culinary talents and sense of fun to bring busy families and friends together.</p> <p>PAFP members and attendees will be able to purchase tickets directly through the PAFP Foundation for this event. \$2 per ticket will go directly to the PAFP Foundation to help fund the PAFP Foundation initiatives.</p>
<p>Saturday, November 9</p>	
<p>7:00 am</p>	<p>Registration</p>
<p>7 – 8 am Ballroom East</p>	<p>Breakfast Symposium – Individualizing Treatment for Your Asthma and Exercise-Induced Bronchospasm (This is a non-CME event)</p> <p>This presentation will highlight the latest evidence on controller therapy for patients with asthma and on quick relief inhaler therapy for patients with asthma, COPD and EIB. Recent studies which evaluate small particle controller formulations and their ability to treat the small airways in asthma will be included. The presentation will also cover under-recognition and under-treatment of EIB.</p>

<p>Concurrent Sessions</p> <p>8:00 – 9:00 am Room 130</p> <p>Room 140</p>	<p>Rethinking Adolescent Behavioral Health in Primary Care: (<i>Patient Safety</i>) Part I – Practical Implementation of a Brief Adolescent Psychosocial Screening <i>(This session will be streamed live over the internet and also available online after the conference.)</i> Matthew B. Wintersteen, Ph.D., Thomas Jefferson University/Jefferson Medical College, Philadelphia, PA</p> <ul style="list-style-type: none"> • Participants will understand the rationale for conducting psychosocial screenings in adolescent health; • Participants will become familiar with a variety of screening tool options; • Participants will recognize different models of integrating behavioral health into their practices. <p>Common and Not-So-Common Lung Disorders Jorge Mercado, MD, Chest Diseases of Northwestern Pennsylvania, Erie, PA</p> <ul style="list-style-type: none"> • Be able to distinguish the common from not common lung disorders; • Evaluate the seriousness of the lung condition the patient presents with; • Demonstrate understanding of and differentiate lung disorders through clinical testing.
<p>Concurrent Sessions</p> <p>9:15 – 10:15 am Room 130</p> <p>Room 140</p>	<p>Rethinking Adolescent Behavioral Health in Primary Care: (<i>Patient Safety</i>) Part II – Case Studies of Common Behavioral Health Scenarios <i>(This session will be streamed live over the internet and also available online after the conference.)</i> Matthew B. Wintersteen, Ph.D., Thomas Jefferson University/Jefferson Medical College, Philadelphia, PA</p> <ul style="list-style-type: none"> • Participants will learn about the common presentation of several behavioral health problems in primary care; • Participants will develop strategies to talk with patients experiencing behavioral health difficulties; • Participants will develop skills on effective referral of patients to behavioral health services and providers. <p>Acid-Base for Family Physicians Steven Levy, MD, FACP, St. Vincent Family Medicine Center, Erie, PA</p> <ul style="list-style-type: none"> • Identify the four different types of acid-base disorders; • Recognize the common underlying causes of acid-base disorders; • Formulate pharmacotherapy treatment plans for the common underlying causes of common acid-base disorders.
<p>10:15 – 10:30 am Foyer</p>	<p>Refreshment Break</p>
<p>10:30 – 12:00 pm Room 130</p>	<p>Extended Release/Long Acting Opioid Therapies: Balancing Primary Care Education, Patient Access and Public Health Issues (<i>Patient Safety</i>) Katherine Galluzzi, DO, CMD, FCOFP, Philadelphia College of Osteopathic Medicine, Philadelphia, PA <i>(This session will be streamed live over the internet and also available online after the conference.)</i></p> <ul style="list-style-type: none"> • Describe appropriate patient assessment for treatment with ER/LA opioid analgesics, evaluating risks and potential benefits of ER/LA therapy, as well as possible misuse; • Apply proper methods to initiate therapy, modify dose, and discontinue use of ER/LA opioid analgesics, applying best practices including accurate dosing and conversion techniques, as well as appropriate discontinuation strategies;

	<ul style="list-style-type: none"> • Demonstrate accurate knowledge about how to manage ongoing therapy with ER/LA opioid analgesics and properly use evidence-based tools while assessing for adverse effects; • Employ methods to counsel patients and caregivers about the safe use of ER/LA opioid analgesics, including proper storage and disposal; • Review/assess general and product-specific drug information concerning ER/LA opioid analgesics and identifying potential adverse effects of ER/LA opioids.
12 – 1:25 pm Ballroom East	Symposium – Personalized Type 2 Diabetes Management in Primary Care: A Case-based Discussion sponsored by Lilly Diabetes (This is a non-CME event.)
Concurrent Sessions 1:30 – 2:30 pm Room 130 1:30 – 2:30 pm Room 140	<p>The Early Diagnosis and Management of Rheumatoid Arthritis and Associated Comorbidities (<i>Patient Safety</i>) <i>(This session will be streamed live over the internet and also available online after the conference.)</i> Alan L. Epstein, MD, University of Pennsylvania School of Medicine, Philadelphia, PA</p> <ul style="list-style-type: none"> • Integrate processes into their office to expedite earlier management and/or referral of patients with suspected RA to rheumatologists; • Describe current indications for and use of synthetic and biologic DMARD therapy as well as adverse effects and management approaches in patients with RA; • Discuss common comorbidities associated with RA and identify opportunities within their own practice to screen for and reduce such risks; • Describe the Treat to Target strategy for the management of RA. <p>Bacterial Skin Disorders Barry Coutinho, MBBS, UPMC Shadyside Hospital Family Medicine Residency Program, Pittsburgh, PA</p> <ul style="list-style-type: none"> • Recognize, describe and diagnose common bacterial skin disorders; • Select and manage appropriate treatment based on the diagnosis; • Recommend the best self-care for them.
2:30 – 2:45 pm Foyer	PM Refreshment Break – Silent Auction Ends!!!! Last chance to get your bids in ladies and gentlemen!
Concurrent Sessions 2:45 – 3:45 pm Room 130 2:45 – 3:45 pm Room 140	<p>Rethinking Adolescent Behavioral Health in Primary Care: Part III – Patient-Centered Medical Home As A Protective Factor (<i>Patient Safety</i>) <i>(This session will be streamed live over the internet and also available online after the conference.)</i> Matthew B. Wintersteen, Ph.D., Thomas Jefferson University/Jefferson Medical College, Philadelphia, PA</p> <ul style="list-style-type: none"> • Participants will learn about how integrative care can serve as a protective factor for those at increased risk for suicide; • Participants will develop skills in building partnerships between behavioral health and physical health providers. <p>Top Three Puzzling Pediatric Case Studies Michael Decker, MD, Children’s Hospital of UPMC, Pittsburgh, PA</p> <p>Three cases will be distributed and discussed in small groups.</p>

<p>4:00 – 5:00 pm Room 130</p>	<p>Three Cases from the Endocrine Clinic: Vitamin D, Hair Loss and Adrenal Fatigue (Patient Safety) Timothy Pelkowski, MD, Saint Vincent Family Medicine Residency, Erie, PA <i>(This session will be streamed live over the internet and also available online after the conference.)</i></p> <p>Vitamin D</p> <ul style="list-style-type: none"> • Know the indications for testing for Vitamin D deficiency; • Examine the evidence to support health claims for vitamin D supplementation • Utilize appropriate lab testing in a cost effective manner and appropriately prescribe supplementation in cases of Vitamin D deficiency <p>Hair Loss</p> <ul style="list-style-type: none"> • Evaluate the evidence for various treatments for hair loss; • Be aware of diseases, drugs and hormonal issues that can cause hair loss • Develop an evidenced based approach to improve hair loss for your patients <p>Adrenal Fatigue</p> <ul style="list-style-type: none"> • Know when to suspect an adrenal disorder; • Understand the concerns patients may have about adrenal function as supported in popular press; • Initiate workup and treatment of adrenal fatigue and know when specialty consultation may be necessary.
<p>6 – 8:15 pm</p> <p>Show and Dinner – 5:30 – 8:30 pm</p> <p>Show only – 9:30 pm</p>	<p>Optional Social Events</p> <p><i>The Brewerie at Union Station</i> – Exclusive Brewpub and Restaurant Join your colleagues for a fun time of dinner, drinks (non-alcoholic beverages available of course) and camaraderie, then take a tour and hear from the brewmaster on fun facts and the Brewerie’s history. After the event, stay for PAC social and help support PAFP’s lobby efforts on your behalf.</p> <p>(Through the PAFP-PAC, state Senator Sean D. Wiley will be visiting and share some remarks on issues and events in Harrisburg. Sen. Wiley, a first term Senator representing Erie, held an executive position with the Saint Vincent Health System prior to his being elected in 2012.)</p> <p><i>JR’s Last Laugh Comedy Club and Restaurant</i> Choose either a combination ticket of a full dinner and comedy show, or just come for the show. Either way, you won’t be sorry. Comedians Tom Briscoe and Chad Thornsberry will have you rolling in the aisles after a long day of CME sessions.</p> <p>See registration form for pricing and details</p>
<p>Sunday, November 10</p>	
<p>8:00 – 8:45 am Ballroom East</p>	<p>PAFP UPDATE AND REGIONAL MEETING BREAKFAST – PAFP Members only please Included: PAFP Legislative Update – Brent Ennis, PAFP Vice President Practice Advocacy and Government Affairs will discuss current legislation including the potential effect/impact on Pennsylvania family physicians.</p>
<p>9:00 – 10:00 am Room 130</p>	<p>Common Foot and Ankle Disorders Robert Fawcett, MD, MS, CAQ, York Hospital Primary Care Sports Medicine Fellowship, York, PA</p> <ul style="list-style-type: none"> • Briefly review anatomy of foot and ankle; • Discuss Ottawa foot and ankle rules as a means of minimizing unnecessary testing;

	<ul style="list-style-type: none"> • Discuss those things you can care for in your primary care practice <ul style="list-style-type: none"> – Give an overview of the most effective treatments • Discuss the things you should refer in order to assure the best outcomes for your patient.
10:15 – 11:15 am Room 130	<p>Care of the Returning Veteran (<i>Patient Safety</i>) James Miller, MSW, Erie Veterans Hospital, Ann Muczynski, LCSW, VA Medical Center, Erie, PA and Kathleen Sweeney, DO, Altoona Family Practice, Altoona, PA</p> <ul style="list-style-type: none"> • Take a non-judgmental history to ascertain any concerns or experiences that the returning veteran may wish to share regarding issues that arose in deployment and be able to recognize certain mental health issues including PTSD, anxiety and depression, poor function and re-adjustment to civilian life; • Be able to initiate treatment for PTSD and put together a treatment and support team for veteran and his or her family; • Know the myriad of resources available to assist returning Veterans and their families as the service member enters back into civilian life; • Recognize vague symptom clusters that returning veterans may manifest that may be due to mild brain injury.
11:15 – 11:30 am Foyer	Check out Break
11:35 am – 12:35 pm Room 130	<p>Respiratory Infections Update: New Guidelines and Strategies to Implement Them in Practice (<i>Patient Safety</i>) Robert Fawcett, MD, MS, CAQ, York Hospital Primary Care Sports Medicine Fellowship, York, PA</p> <ul style="list-style-type: none"> • Be able to apply an evidence-based approach to treatment alternatives; • Discuss criteria used to determine advisability for admission in CAP; • Discuss the most common pathogens and special circumstances that make one more likely than another; • Understand the lack of utility of antibiotics in acute bronchitis. <p>(Followed by closing remarks and drawing)</p>