

PAFP/POA Cruise to Bermuda

July 2 – 7, 2016

Final CME Agenda

Saturday, July 2

9:30 – 10:30 am

Pre-cruise session at Hyatt Place BWI

Parkinsonism, William Sonnenberg, MD, Titusville, PA

- Know the risk factors for Parkinsonism;
- Know other neurologic diseases that mimic Parkinsonism;
- Review and understand the most advantageous treatments of Parkinsonism.

Sunday, July 3, 2016

7:00 - 8:00 a.m.

Top Five Clinical Pearls for Treating Visual Impairment (Patient Safety)

Lori Grover, OD, Ph.D., Elkins Park, PA

- Understand the demographics and causative factors associated with chronic vision impairment;
- Recognize current care process for treatment of vision loss;
- Understand policies and evidence regarding collaborative patient management.

8:00 – 9:00 am

Evidence-Based Eye Care for Patients with Diabetes (Patient Safety)

Lori Grover, OD, Ph.D., Elkins Park, PA

- Understand the primary ocular/visual effects of DM;
- Recognize recommendations for appropriate evidence-based examination and management strategies;
- Understand the value of the process used today to develop clinical practice guidelines.

9:15 - 10:15 am

Choosing Wisely: Promoting High-Quality Health Care (Patient Safety)

Michael Grover, DO, Mayo Clinic, Phoenix, AZ

- Understand the scope and costs associated with providing clinical services of low value;
- Describe the "list of five" from the AAFP;
- Recognize barriers to cost-conscious care.

10:15 – 11:15 am

The Importance of Diagnosing Sleep Apnea in Both Primary Care and Optometric Practices (Patient Safety)

Michael Grover, DO, Mayo Clinic, Phoenix, AZ

- Recognize the ocular/visual effects of sleep apnea;
- Understand demographic epidemiology of individuals at risk;
- Demonstrate use of a clinical prediction rule for OSA based on case study.

Monday, July 4, 2016

7:00 - 8:00 am

Hypertensive Retinopathy (Patient Safety)

William Sonnenberg, MD

- Know the ocular manifestations of hypertension, in particular hypertensive retinopathy;
- Know the pathophysiology of hypertensive damage to the eye;
- Understand the assessment of risk in clinical studies.

8:00 - 9:00 am

Optic Neuritis

William Sonnenberg, MD, Titusville, PA

- Identify the signs and symptoms that indicate the presence of optic neuritis;
- Review the latest understanding in the treatment of optic neuritis;
- Evaluate the risk and neurologic prognosis for patients with optic neuritis.

9:00 - 10:00 am

Sudden Illnesses in the Optometric Office (Patient Safety)

Gaspere (Gus) Geraci, MD, Enola, PA

- Demonstrate a range of essential procedures and skills for the management of acute illness and trauma presentations;
- Prioritize tasks to manage sudden illness and trauma effectively, i.e. practice guidelines, resuscitation procedures;
- Demonstrate essential advanced life support skills.

10:00 - 11:00 am

Ocular Migraines

William Sonnenberg, MD, Titusville, PA

- Understand the difference between ocular migraine and retinal migraine;
- Know the symptoms of both and best approach to prevent or treat both.

Wednesday, July 6

7:00 – 8:00 am

Environmental Concerns for Travelers: Part I (Patient Safety)

John Surry, MD, Patient First, Mechanicsburg, PA

- Encourage the traveler to study their itinerary, selecting those activities best suited to their health status;
- Advise the traveler of the most common health hazards associated with their itinerary;
- Provide practical advice regarding avoidance of illness and injuries related to their itinerary;
- Direct the traveler to current and reliable resources regarding their itinerary

8:00 – 9:00 am

Quality Improvement and Physician Leadership (Patient Safety)

Gaspere (Gus) Geraci, MD, Enola, PA

- Describe a process for resolving any issue you have in healthcare;
- Identify the critical requirements and steps in the process to resolution;
- Recognize why strong physician leadership is key to the success of the resolution of the issues.

9:00 – 10:00 am

C.Diff...the Modern Peril - Patient Safety

William Sonnenberg, MD, Titusville, PA

- Learn to identify the symptoms of Clostridium Difficile;
- Identify patients at risk for developing Clostridium Difficile;
- Learn treatment and prevention option for Clostridium Difficile.

10:00 – 11:00 am

Environmental Concerns for Travelers: Part II - Sky, Surf and Sun (Patient Safety)

John Surry, MD, Patient First, Mechanicsburg, PA

- Develop a systematic approach to assessing and counseling travelers for air travel and altitude;
- Advise travelers on the prevention, recognition and management of jet lag;
- Advise traveler on prevention, recognition and management of altitude sickness;
- Advise traveler on the prevention, recognition and management of diving related illness;
- Advise traveler on the prevention, recognition and management of sun related injuries.

11:00 – 12:00 pm

Dementia Update

William Sonnenberg, MD, Titusville, PA

- Discuss specific causes of Dementia besides Alzheimer's Disease;
- Discuss the diagnosis and value of early identification of dementia;
- Compare the treatment options, medical and non-medical.

CME offered on days while on the water and at the hotel before we depart for the Port of Baltimore. Transportation from the hotel to the Port is included in overnight hotel rate OR for a nominal fee if you are not staying at the hotel.