






Faculty Disclosure - All faculty participating in continuing medical education activities sponsored by the PAFP Foundation are expected to disclose to the activity audience any real or apparent conflict(s) of interest related to the content of their presentation(s). Full disclosure of faculty relationships will be made at the activity. Any reported conflicts of interest were cleared prior to this event.


Introducing PAFP's Best of Series. Saturday will feature our top five speakers of 2013, rated by you, back by popular demand! Look for the  symbol next to these speaker's names. If you can't make it to one of these sessions, don't worry, you can access each of these after the conference, on demand at www.pafp.com.

Friday, November 7	
7 - 8 am	Registration and continental breakfast with exhibitors
9:00 am - 4:00 pm	SAM Study Group – Well Child Visits <i>(Content applicable for 2 hours of patient safety credits.)</i> Drs. Americo Fraboni and David Weismiller, East Carolina University, Greenville, NC
8 – am – 12:15 pm	THE BUSINESS OF MEDICINE
8 – 8:30 am	Billing and Coding Best Practices...Earn What You're Worth Thomas J. Weida, MD, FAAFP, Penn State College of Medicine, Hershey, PA <ul style="list-style-type: none"> ❖ Utilize proper documentation for CPT E&M coding; ❖ Apply proper CPT code use for common clinical situations, thereby avoiding under-coding or over-coding; ❖ Use medical decision making to guide E&M level
8:30 – 9:15 am	Using Social Media for Communicating with Patients: Legal and Practical Aspects Susan Orr, Esq. and Robert J. Tribeck, Esq., Rhoads and Sinon, LLP, Exton, PA <i>Patient Safety</i>
9:15 – 9:45 am	Clinical Documentation Conundrums in the Face of CMS 1599 and ICD-10 Deepak Pahuja, MD, FACP, Aerolib Healthcare Solutions LLC, Erie, PA <ul style="list-style-type: none"> ❖ Identify available resources; ❖ Know what to ask from your payers and IT Vendors; ❖ Identify the top Diagnosis and Billing codes.
	9:45 – 10:15 am – Refreshment Break
10:15 – 10:45 am	Primary Healthcare Consultants – An Introduction Debra Hammaker, CHTS-CP, CHTS-IS, PCMH CCE <ul style="list-style-type: none"> ❖ Inform attendees of the formation and mission of Primary Healthcare Consultants including services offered, PHC approach to technical assistance and support, and provide available resources.
10:45 – 11:15 am	Providers Beware: ACA Grace Period Provision May Lead to Uncompensated Care Susan Orr, Esq., Rhoads and Sinon, LLP, Exton, PA The Affordable Care Act ("ACA") contains a grace periods for participants in subsidized Qualified Health Plans. This grace period imposes a risk for uncompensated care by physicians. During the ninety day grace period before the ACA allows for termination for non-payment of premiums, insurers are only obligated to pay costs incurred for services rendered during the first thirty (30) days. <ul style="list-style-type: none"> ❖ How to identify a patient under a Qualified Health Plan ❖ Health insurer requirements under the ACA ❖ The Role of Pennsylvania's Prompt Pay Law ❖ Ways to minimize the risk of nonpayment

<p>11:15 – 11:45 am</p> <p>11:45 am – 12:15 pm</p>	<p>Medical Malpractice – A Family Physicians Perspective <i>Patient Safety</i> Richard Bruehlman, MD, Renaissance Family Practice, Pittsburgh, PA</p> <ul style="list-style-type: none"> ❖ Discuss the lifetime claims risk for a family doctor; ❖ Explore the effects of tort reform on the number of malpractice filings in Pennsylvania; ❖ Use the results of a classic observational study to reduce our risk of being sued; ❖ Employ the concept of "cognitive dissonance" to help decide whether to settle or go to trial. <p>Information Exchange and Roundtable Discussions of the Morning Sessions</p>
<p>9:45 – 10:15 am</p>	<p>Exhibitor Refreshment Break</p>
<p>12:15 – 1:15 pm</p>	<p>Lunch with Exhibitors</p>
<p>1:15 – 2:00 pm</p> 	<p>Acid-Base for Family Physicians Steven Levy, MD, FACP, St. Vincent Family Medicine Center, Erie, PA <i>(This session also available live on the internet.)</i></p> <ul style="list-style-type: none"> ❖ Identify the four different types of acid-base disorders; ❖ Recognize the common underlying causes of acid-base disorders; ❖ Formulate pharmacotherapy treatment plans for the common underlying causes of common acid-base disorders.
<p>2:15 – 3:00 pm</p>	<p>Geriatric Sensory Changes <i>(This session also available live on the internet.)</i> Paula Bordelon, DO, Lehigh Valley Hospital, Bethlehem, PA</p> <ul style="list-style-type: none"> ❖ Describe the epidemiology and physiology of sensory loss in the elderly; ❖ Know what common diseases cause sensory loss in the elderly and understand the functional impact these have on the patient; ❖ Discuss various treatment options that are available for loss of the special senses as well as techniques to improve function as much as possible.
<p>3:00 – 3:15 pm</p>	<p>Social and refreshment break – exhibit area</p>
<p>3:20 – 4:05 pm</p>	<p>Hyperparathyroidism Kelly McCoy, MD, University of Pittsburgh Physicians, Pittsburgh, PA</p> <ul style="list-style-type: none"> ❖ Understand the pathophysiology, clinical manifestations, and management of thyroid disorders. ❖ Recognize clinical presentation and indication for surgery in patients with primary hyperparathyroidism; ❖ Know the dysfunctions of hyperparathyroidism and hypoparathyroidism; ❖ Discuss the recommended monitoring for those who are medical managed; ❖ Discuss current clinical trials evaluating the treatment of hyperparathyroidism.
<p>4:15 – 5:15 pm</p>	<p>Cancer Screening Guideline Update <i>Patient Safety</i> Niladri Das, MD, University of Pittsburgh Physicians, Pittsburgh, PA <i>(This session also available live on the internet.)</i></p> <ul style="list-style-type: none"> ❖ Know and understand the current screening recommendations;

	<ul style="list-style-type: none"> ❖ Know why to screen with these tests... Sensitivity & Specificity; ❖ Know why some of the guidelines have changed; ❖ Apply knowledge to cancer based case studies.
5:15 pm	Welcome Reception
Saturday, November 8	
7:00 am	Registration
7 – 8 am	Breakfast Symposium –
8:00 – 9:00 am 	<p>Opioid Epidemic – The Difference You Can Make is Amazing! <i>Patient Safety</i> Bob Stutman, Retired DEA, Boca Raton, FL <i>(This session also available live on the internet.)</i></p> <ul style="list-style-type: none"> ❖ Provide a thorough breakdown of substance abuse statistics and trends in 2013 and how they differ from previous generations; ❖ Explain and identify actions medical professionals can take to better identify and prevent prescription drug misuse/abuse and diversion moving forward.
9:15 – 10 am	<p>Maintenance of Certification Update – The Latest Changes from the ABFM and MOC Joseph Tollison, MD, American Board of Family Medicine, Lexington, KY</p> <ul style="list-style-type: none"> ❖ Maximize the available online resources to support your MC-FP efforts. ❖ Understand the most effective approach to successful completion of an ABFM required Part IV. ❖ Be aware of the optimal approach for completing continuous MC-FP.
10 – 10:15 am Foyer	Refreshment Break
Concurrent Sessions 10:15 am – 12 pm	
10:15 – 11 am 	<p>Soft Tissue Update - Classifying and Treating A Spectrum Donald Middleton, MD, UPMC, Pittsburgh, PA <i>(This session also available live on the internet.)</i></p> <ul style="list-style-type: none"> ❖ List manifestations of soft tissue infections; ❖ Differentiate common prodermas from serious deep soft tissue infections; ❖ List appropriate therapy of skin and soft tissue infections in light of community-associated MRSA as listed in updated guidelines.
11:15 am – 12 pm	<p>Women’s Health – Gynecological Care of the Post-Menopausal Woman Karen M. Moyer, MD, UPMC St. Margaret Lawrenceville, Pittsburgh, PA</p> <ul style="list-style-type: none"> ❖ Understand the physiological changes that occur as one moves through the menopausal transition; ❖ Recognize common gynecological issues in post-menopausal women and know how to treat; ❖ Know the indications, contraindications, risks and benefits of Hormone Replacement Therapy and know what non-hormonal alternative therapies might be appropriate; ❖ Have knowledge of nutritional, calcium and exercise recommendations to make.

<p>10:15 am – 12 pm</p>	<p>Knee and Shoulder Exam Workshop - (limited class size – sign up at registration desk) Matthew Silvis, MD, Penn State Milton S. Hershey Medical Center, Hershey, PA Gene Hong, MD, CAQ, Sports Medicine, Drexel University College of Medicine, Philadelphia, PA</p> <ul style="list-style-type: none"> ❖ Hands-on workshop demonstrating proper examination of knee and shoulder joints followed by faculty supervised audience participation
<p>12 – 12:55 pm</p>	<p>Lunch</p>
<p><i>Concurrent Sessions</i></p> <p>1 – 2 pm</p>	<p>The “How To” on Safe Prescribing Practices for the Elderly <i>Patient Safety</i> Paula Bordelon, DO, Lehigh Valley Hospital, Bethlehem, PA <i>(This session also available live on the internet.)</i></p> <ul style="list-style-type: none"> ❖ Define and discuss age- associated changes in pharmacokinetics; ❖ Review a clinical tool developed to assist providers in improving medication safety in seniors; ❖ Define quality indicators related to pharmacotherapy and prescribing habits. <hr/> <p>The Acutely Injured Shoulder: A Case Based Approach Matthew Silvis, MD, Penn State Milton S. Hershey Medical Center, Hershey, PA Gene Hong, MD, Drexel University School of Medicine, Philadelphia, PA</p> <ul style="list-style-type: none"> ❖ Knee and shoulder individual case studies will be reviewed.
<p>2 – 2:15 pm Foyer</p>	<p>PM Refreshment Break</p>
<p><i>Concurrent Sessions</i></p> <p>2:15 – 3:15 pm</p> 	<p>Instructive Evidence-Based Cases in Pediatric Emergency Medicine <i>Patient Safety</i> Brian Schultz, MD, Children’s Hospital of Pittsburgh of UPMC <i>(This session also available live on the internet.)</i></p> <ul style="list-style-type: none"> ❖ Various cases using evidence-based practices will be discussed and dissected. <hr/> <p>Post-Partum Depression <i>Patient Safety</i> Karla M. Onest Campanella, MD, Physicians Alliance Limited, Lancaster, PA</p> <ul style="list-style-type: none"> ❖ Differentiate postpartum depression (PPD) from the “baby blues” and postpartum psychosis; ❖ Apply standardized instruments for objective screening for PPD as a routine part of care ; ❖ Discuss appropriate alternatives for the management of patients with PPD; ❖ Identify common complications of unrecognized and improper treatment of patients with PPD
<p><i>Concurrent Sessions</i></p> <p>3:30 – 4:30 pm</p>	<p>Best Practices for Care of the Diabetic Foot <i>Patient Safety</i> Dane K. Wukich, MD, UPMC Mercy Center for Healing and Amputation Prevention & Comprehensive Foot and Ankle Center, Pittsburgh, PA</p> <ul style="list-style-type: none"> ❖ List four factors for diabetic foot complications;

	<ul style="list-style-type: none"> ❖ Be able to conduct a thorough diabetic foot exam; ❖ List three interventions that decreases risk for foot complications; ❖ Know the risk factors for foot complications <p>Puzzling Pediatric Dermatology Cases Michael Decker, MD, Children’s Hospital of UPMC, Pittsburgh, PA <i>(This session also available live on the internet.)</i></p> <ul style="list-style-type: none"> ❖ Various pediatric case studies will be examined.
5 – 9 pm	<p>Carnegie Science Center Social Join your colleagues for wonderful food, an array of fun exhibits and an overall great time. (Separate fee applies. Transportation included)</p>
Sunday, November 9	
6:30 – 7:30 am	<p>Wake Up and start your day the healthy way... Yoga with PAFP President Douglas Spotts, MD! (Separate fee applies and all proceeds will benefit the initiatives of the Pa. Academy of Family Physicians Foundation.)</p>
8:00 – 8:45 am	<p>PAFP UPDATE AND REGIONAL MEETING BREAKFAST</p>
9:00 – 10 am	<p>Abnormal LFT’s...Now What? <i>Patient Safety</i> Bruce Gebhardt, MD St. Vincent Health System, Erie, PA</p> <ul style="list-style-type: none"> ❖ Be able to distinguish between types of hepatocellular injury and cholestasis based on patterns of liver enzyme/ function test abnormalities; ❖ State indications for liver biopsy in patients with nonalcoholic fatty liver disease; ❖ List treatment options for nonalcoholic fatty liver disease; ❖ List contraindications to statin therapy in persons with liver disease.
10:15 – 11:15 am	<p>Images in Clinical Medicine Timothy Pelkowski, MD, Saint Vincent Family Medicine Residency, Erie, PA Meaghan Johnson, MD, Saint Vincent Family Medicine Residency, Erie, PA Robert Mikelonis, MD, Saint Vincent Family Medicine Residency, Erie, PA Lydia Travnik, DO, Saint Vincent Family Medicine Residency, Erie, PA</p> <ul style="list-style-type: none"> ❖ Recognize and review treatment for hidradenitis suppurative. ❖ Evaluate possible treatments for pityriasis rosea. ❖ Identify rectal sheath hematomas and discuss management. ❖ Review the risk factors and diagnosis of slipped capital femoral epiphysis.
11:15 - 11:30 am	<p>Check out Break (Light fare provided)</p>

11:30 am - 12:30 pm	<p>Update on the New Lipid Guidelines... How Do These Affect Your Practice? <i>Patient Safety</i> Gregory S Pokrywka MD, FACP, FNLA, NCMP, Baltimore Lipid Center, Towson, MD</p> <ul style="list-style-type: none">❖ Discuss the 2013 AHA ACC Cholesterol Guidelines and the new 2014 National Lipid Association Recommendations for Patient Centered Management of Dyslipidemia;❖ Discuss the advantages of a lipoprotein oriented approach (as opposed to a lipid oriented approach) to patient diagnosis and management;❖ Discuss management of two special groups: women with dyslipidemia and Familial Hypercholesterolemia. <p>(Followed by closing remarks)</p>