

VALLEY FORGE 2015 CME CONFERENCE AGENDA

Faculty Disclosure - All faculty participating in continuing medical education activities sponsored by the PAFP Foundation are expected to disclose to the activity audience any real or apparent conflict(s) of interest related to the content of their presentation(s). Full disclosure of faculty relationships will be made at the activity. Any reported conflicts of interest were cleared prior to this event.

FRIDAY, MARCH 20	
7:30 AM – 8:00 AM Prefunction (4 th floor)	Registration and light breakfast
8 AM – 3 PM Centennial II and III	SAM Study Group – Hypertension (<i>Two hours of patient safety applicable content</i>) (followed by optional clinical simulation completion – laptop required) Drs. Gary Levine and Janice Elaine Daugherty, East Carolina University
8:00 AM – 9:00 AM Centennial I	Hypertension JNC8 <i>Patient Safety</i> William Sonnenberg, MD, Titusville, PA <ul style="list-style-type: none"> Describe updated recommendations for blood pressure control in the 2014 Evidence-Based Guideline for the Management of High Blood Pressure in Adults; Compare these updated recommendations for target blood pressure goals with The seventh report of the Joint National Committee on Prevention, Detection, Evaluation and Treatment of High Blood Pressure and other national and international organization guidelines on hypertension; Identify controversies surrounding the 2014 update on hypertension management; Develop treatment plan for patients with hypertension utilizing recommendations from the 2014 update on hypertension management.
9:15 AM – 10:15 AM Centennial I	The Lifetime Impact of Childhood Sexual Assault Wanda Filer, MD, AAFP President-Elect, York, PA <ul style="list-style-type: none"> To familiarize the audience with the Adverse Childhood experiences Study (ACE Study) and its implications to patients in Primary Care; To encourage Family Physicians to adopt a more trauma informed approach to the care of many patients.
10:30 AM – 11:30 AM Centennial I	Insulin Therapy Management <i>Patient Safety</i> Neil Skolnik, MD, Abington Family Medicine, Jenkintown, PA <ul style="list-style-type: none"> Know the pathophysiology of T2DM and its practical implications for multi-organ disease mandating early recognition and treatment; Evaluate the mechanisms and clinical profiles of insulin formulations, addressing dosing regimen, patient age, ethnicity, and other determinants of individualized care; Know the process of collaborating with endocrinologists, cardiologist, diabetes educators and other care providers to implement a comprehensive treatment plan that includes pharmacologic as well as lifestyle interventions; Be able to educate patients on the causes, symptoms, and risks associated with hypoglycemia and implement new models of care to overcome patient and system barriers to therapeutic regimen adherence.
11:35 AM – 1:25 PM Grand Ballroom	Annual Business Meeting Lunch (Open to all, however, only PAFP members are permitted to vote.)

Concurrent Sessions	
1:30 PM – 2:30 PM	
Centennial I	<p>Hep C 2015 - What's the Buzz About? <i>Patient Safety</i> Jeanne Spencer, MD, Conemaugh Family Medicine Residency</p> <ul style="list-style-type: none"> • Screen appropriate patients in their practices; • Discuss the efficacy of the new treatments; • Evaluate patients for treatment prioritization.
Villanova/Wayne	<p>Hematology Best Practices <i>Patient Safety</i> Robert Langan, MD, St. Luke's Family Medicine Center, Bethlehem, PA</p> <ul style="list-style-type: none"> • Know recent clinical advances in coagulopathies, anticoagulant and thrombolytic therapies; • Describe blood and marrow morphology and hematopathology; • Interpret both established information and recent clinical advances in immunohematology, bone marrow transplantation, and hematopoietic growth factors; • Describe the diagnosis, evaluation, and management of hematologic malignancies.
2:30 PM – 2:40 PM Prefunction	Refreshment Break
2:45 PM – 3:45 PM Centennial I	<p>Top 10 Articles of 2014 <i>Patient Safety</i> Neil Skolnik, MD, Abington Family Medicine, Jenkintown, PA</p>
4 PM – 5 PM Centennial I	<p>Fever.... Friend or Foe? <i>Patient Safety</i> Basil Zitelli, MD, Children's Hospital of Pittsburgh</p> <ul style="list-style-type: none"> • Be able to discuss the advantages of the febrile response in the human; • Be able to identify potential disadvantages of routine antipyretic therapy in the child; • Be able to apply education in their practices to diminish overuse of medical facilities or simple febrile illnesses; • Be able to describe potential toxicity of combined antipyretic therapy.
<p><u>Installation and Inauguration Festivities</u> (All conference attendees welcome and encouraged to attend. See registration form for details and pricing)</p>	
5:15 PM –6 PM Villanova/Wayne	Lila Stein Kroser, MD Memorial Lecture – Joyann Kroser, MD
6:05 PM -6:45 PM	Awards: Family Physician of the Year, Exemplary Teacher, Degree of Fellow Inauguration and Installation of Officers, Recognition of Foundation Supporters
6:45 PM –7:15 PM Pre-function	Reception (hors d'oeuvres and beverages)
7:15 PM Grand Ballroom	President's Dinner Gala

SATURDAY, MARCH 21	
7 AM – 8:00 AM	Registration and light breakfast
7:30 AM – 8:30 AM Bryn Mawr	Reorganization Board Meeting (Breakfast will be served)
8:30 AM – 4:30 PM Villanova/Wayne	Research Day Presentations Students, Residents, and Physicians/Fellows present the latest clinical research abstracts
Concurrent Sessions 8 AM – 9:00 AM	
Centennial I	<p>Building a Successful Patient Navigation Program for Colorectal Cancer Screening <i>Patient Safety</i> Carmen Guerra, MD, University of Pennsylvania Hospital, Philadelphia, PA</p> <ul style="list-style-type: none"> • Understand the top 3 principles of patient navigation and how to implement; • Understand the necessary components for a successful patient navigation initiative; • Be able to explain the benefits of shared decision making in colorectal cancer screening for underserved population; • Master the understanding of colorectal cancer screening guidelines and the need to offer a menu of choices to patients.
Centennial II and III	<p>Mild Cognitive Impairment <i>Patient Safety</i> Maria Ghetu, MD, St. Luke’s Family Medicine Residency, Bethlehem, PA</p> <ul style="list-style-type: none"> • Recognition of Mild Cognitive Impairment(MCI) as a stage before Dementia; • Learn an approach to MCI; • Prevention and current available treatment.
9:15 AM – 10:15 AM Centennial I, II and III	<p>Fibromyalgia Update: Evidence Based Diagnosis and Treatment <i>Patient Safety</i> Wayne Blount, MD, Emory University, Atlanta, GA</p> <ul style="list-style-type: none"> • Recognize the presenting symptoms of fibromyalgia; • Conduct a diagnostic workup for patients presenting with fibromyalgia symptoms; • Elucidate the underlying mechanisms of the disease process of fibromyalgia and how these mechanisms tie into presenting clinical symptoms; • Describe evidence-based data on the use of pharmacologic and no pharmacologic treatment for fibromyalgia.
10:15 AM – 10:30 AM Pre-Function	Research Day Poster Viewing (CME) and Refreshment Break with Exhibitors
10:30 AM – 12:30 PM Centennial I, II and III	<p>Recognizing and Responding to Children at Risk (Meets State Requirement for Mandated CME) <i>Patient Safety</i> Allan DeJong, MD, DuPont Hospital and Jefferson University, Philadelphia, PA Michele Kristofco, Montgomery County Office of Children and Youth</p> <ul style="list-style-type: none"> • Identify the role of child protection; • Define categories of child abuse in the law; • Recognize potential risks/indicators of child abuse/neglect; • Describe role of mandated reporter; • Explain referral process and follow up; • Identify prevention resources.

<p>12:30 PM – 1:45 PM Pre-Function</p>	<p>Lunch and learn... The ideal time to meet with exhibitors and view posters on display</p>
<p>Concurrent Sessions 1:45 PM – 3:15 PM</p>	
<p>Paoli</p>	<p>Spine and Hip Exam (Hands-on Workshop – Sign up at PAFP Registration desk – 40 person limit) Matthew Silvis, MD, Milton S. Hershey Medical Center, Hershey, PA</p> <ul style="list-style-type: none"> • Describe appropriate use of radiography in orthopedics; • Identify red flag symptoms for back pain; • Recognize common orthopedic conditions of the spine and hip and describe their respective treatments; • Explain the typical presentation and evaluation of athletes with sports hernia, femoro-acetabular impingement, and labral tears and their respective treatments; • Describe current research regarding the prevalence and natural history of asymptomatic acetabular labral tears.
<p>Centennial I</p>	<p>Direct Primary Care Panel and Q & A Session Kenneth Rictor, MD, FAAFP, Scotland Family Medicine Direct Primary Care, Scotland, PA R. Shawn Martin, Vice President Practice Advancement and Advocacy American Academy of Family Physicians M. Samir Qamar, MD, CEO MedLion Management Inc., Las Vegas NV</p> <ul style="list-style-type: none"> • Information session on this model of delivery from subject matter experts.
<p>2 PM – 3 PM Centennial II and III</p>	<p>Vaccine Potpourri <i>Patient Safety</i> Jennifer Hamilton, MD, PhD, FAAFP, Drexel University, Philadelphia, PA</p> <ul style="list-style-type: none"> • Know the latest recommendations for influenza, pneumococcal, meningococcal and HPV vaccines; • Identify two critical benchmarks for office evaluation of vaccine storage and handling; • Describe one intervention that can be utilized with VFC providers to eliminate vaccine storage and handling deficiencies; • Be able to identify travel vaccines within three categories: Routine, Recommended and Required; • Be able to describe the factors included in an individual’s travel risk assessment.
<p>3:00 PM – 3:30 PM Research Day Poster Viewing (CME) and Refreshment Break with Exhibitors</p>	
<p>Concurrent Sessions 3:30 PM – 4:30 PM</p>	
<p>Centennial I</p>	<p>Managing Sleep Disorders in Primary Care <i>Patient Safety</i> Wayne Blount, MD, Emory University, Atlanta, GA</p> <ul style="list-style-type: none"> • Describe the clinical characteristics of sleep apnea, insomnia and common movement sleep disorders; • Distinguish pharmacological and non-pharmacological treatment approaches for sleep apnea, insomnia and common movement sleep disorders; • Understand the association of sleep disordered breathing and comorbid conditions; • Understand various therapy strategies for sleep disordered breathing; • Distinguish differences among various sleep testing options and diagnostic modalities to assess patient’s sleep health.

<p>Centennial II and III</p>	<p>Inflammatory Bowel Disease <i>Patient Safety</i> William Sonnenberg, MD, Titusville, PA</p> <ul style="list-style-type: none"> Identify the conditions referred to as IBD (specifically Crohn’s Disease and Ulcerative Colitis), and discuss their clinical presentations; Differentiate among the biologic treatment options for IBD based on their safety profiles and effectiveness for inducing and maintaining remission in both CD and UC; Implement appropriate pharmacologic and non-pharmacologic therapeutic strategies for managing IBD in accordance with evidence-based guidelines; Employ approaches for effectively communicating the risks and benefits of IBD treatment options and facilitating adherence.
<p>4:30 PM – 5PM Kiosk</p>	<p>Research Day Awards and Reception.</p>
<p>5:30 PM – 8:30 PM Centennial II and III</p>	<p>PAFP Foundation Fundraiser....are you feeling lucky? There’s no financial risk at this Monte Carlo Night! (Separate Fee Applies)</p> <p>Join us as we play with “funny money” for a light-hearted good time. Your choice of games include Poker, Single Roulette, and Black Jack. Selected tables will be available to help teach the rules to the less experienced players. Cash in your winnings for a chance to win a fabulous door prize. Light snacks and beverages provided. Cash bar. (All proceeds go to benefit PAFP Foundation education, resident and student initiatives.)</p>
<p>6 PM – 8:00 PM Bryn Mawr</p>	<p>PAFP Leadership Development Workshop (Space limited to 40 participants. Separate Fee Applies. Dinner will be served.)</p>
<p>SUNDAY, MARCH 22</p>	
<p>7:30 AM</p>	<p>Breakfast on your own</p>
<p>8 AM – 9:00 AM Grand Ballroom</p>	<p>Probability and “Sadistics” (Board Review, <u>Statistics</u>) – Part I <i>Patient Safety</i> Stephen Levy, MD, Saint Vincent Family Medicine Residency, Erie, PA</p> <ul style="list-style-type: none"> Contrast sensitivity, specificity, positive and negative predictive value; List three parameters that determine predictive value; State the clinical application of Bayes’ Theorem; Compute PV given sens, spec and prevalence; Calculate the probability that an asymptomatic woman with a positive screening mammogram actually has breast cancer.
<p>9:15 AM – 10:15 AM Grand Ballroom</p>	<p>Introduction to Telemedicine Gaspere Geraci, MD, Enola, PA</p> <ul style="list-style-type: none"> Introduction to telemedicine; Be able to define telemedicine; Understand the limitations and advantages; Define its role in your current or future practice.
<p>10:30 AM –11:30 AM Grand Ballroom</p>	<p>Probability and “Sadistics” (Board Review, <u>Statistics</u>) – Part II <i>Patient Safety</i> Stephen Levy, MD, Saint Vincent Family Medicine Residency, Erie, PA</p> <ul style="list-style-type: none"> Contrast sensitivity, specificity, positive and negative predictive value; List three parameters that determine predictive value; State the clinical application of Bayes’ Theorem; Compute PV given sens, spec and prevalence; Calculate the probability that an asymptomatic woman with a positive screening mammogram actually has breast cancer.

11:30 AM – 11:45 AM Pre-Function	Refreshment Break
11:45 AM – 12:45 PM Grand Ballroom	Primary and Secondary Prevention of ASCVD <i>Patient Safety</i> Andrew Waxler, MD, Berks Cardiologists, Reading, PA <ul style="list-style-type: none">• Discuss the efforts to prevent or delay the onset of ASCVD disease;• Discuss the efforts to treat known, clinically significant ASCVD disease;• Understand how to prevent or deely the onset of disease manifestations.
12:45 PM	Closing Remarks