# Pennsylvania Academy of Family Physicians Foundation

# Pittsburgh CME Conference November 7 - 9, 2014

Maintenance of Certification Update – The Latest Changes from the ABFM and MOC Joseph Tollison, MD, American Board of Family Medicine, Lexington, KY Disclosures:

Speaker has no disclosures and there are no conflicts of interest.

The speaker has attested that their presentation will be free of all commercial bias toward a specific company and its products.

The speaker indicated that the content of the presentation will not include discussion of unapproved or investigational uses of products or devices.



### The American Board of Family Medicine

**2014** Maintenance of Certification Update: The Latest Changes from the ABFM and MOC (MC-FP)

Joseph W. Tollison, M.D. Senior Advisor to the ABFM President

DISCLOSURE: Dr. Tollison has nothing to disclose related to his presentation.

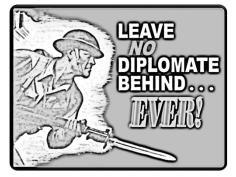
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# Disclosure

 Dr. Joseph Tollison has no conflict of interest, financial agreement, or working affiliation with any group or organization.

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# **ABFM Goal:**





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AND

9:00 am -- 5:00 pm (eastern) Saturday

•Manned by ABFM Employees located in the ABFM offices
•Able to answer questions regarding all phases of ABFM business

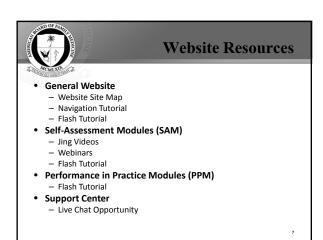
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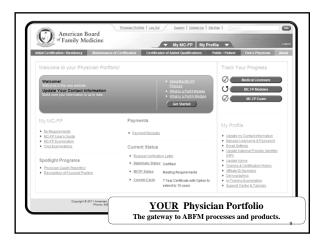


# 2 Minute Rule

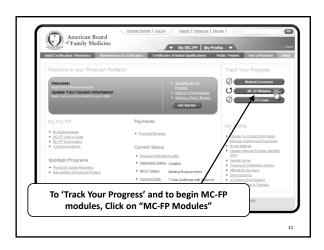
Have a Question after 2 minutes? Contact our Support Center!!

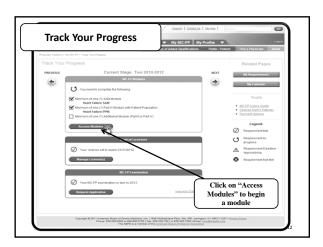














# ABFM Maintenance of Certification for Family Physicians (MC-FP)

Part I: Evidence of <u>professional</u> standing

Part II: Evidence of a commitment to <u>lifelong</u>

<u>learning</u> and involvement in a periodic <u>self-assessment</u> process

Part III: Evidence of cognitive expertise

Part IV: Evidence of evaluation of

performance in practice

Since Our Inception in 1969

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# Foundation of Maintenance of Certification for Family Physicians (MC-FP)

- Six Core Competencies are the foundation of MC-FP and are assessed during medical training and throughout a physician's career.
- They have been endorsed by the Accreditation Council for Graduate Education (ACGME) and the twenty-four members boards of the American Board of Medical Specialties (ABMS).





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# **Core Competencies**

- 1. Patient Care that is compassionate, appropriate, and effective for the treatment of health problems and the promotion of health.
- 2. Medical Knowledge about established and evolving biomedical, clinical, and cognitive sciences and the application of the knowledge to patient care.
- 3. <u>Practice-based Learning and Improvement</u> that involve investigation and self-evaluation, appraisal and assimilation of scientific evidence, and improvements in patient care.



# **Core Competencies**

- Interpersonal and Communication Skills that result in effective information exchange and collaboration with patients, their families, and other health professionals.
- 5. <u>Professionalism</u> as manifested through a commitment to perform professional responsibilities, adherence to ethical principles, and sensitivity to a diverse patient population.
- 6. <u>Systems-based Practice</u> as manifested by actions that demonstrate an awareness of and responsiveness to the larger context and system of health care and the ability to use system resources to provide optimal

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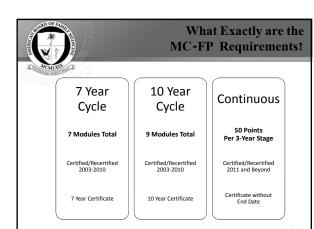
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# **Core Competencies**

Each of the four parts of MC-FP assesses one or more of the Core Competencies.

Core Competencies	1 Professional Standing	2 Lifelong Learning	3 Cognitive Expertise	4 Performance In Practice
Patient Care	<b>②</b>	$\bigcirc$		<b>②</b>
Medical Knowledge		<b>②</b>	<b>②</b>	
Practice-based Learning & Improvement		<b>②</b>		<b>②</b>
Interpersonal & Communication Skills	<b>②</b>			<b>②</b>
Professionalism	<b>②</b>			<b>②</b>
Systems-based Practice		<b>②</b>		<b>⊘</b> 17

WERICO!	Render	What Exactly are the MC-FP Requirements?		
A MCML	XIX XX			
AM OUT ME	2003-2010	7-Year MC-FP Cycle (Exam in Year 7)		
(7 Year Optio		At least 3 Part II Modules (SAMs)		
		At least 1 Part IV Module (PPM or Approved Alternative)		
		Three additional modules (either Part II or Part IV)		
-	2003-2010 (10 Year Option)	10-Year MC-FP Cycle in three 3-year MC-FP stages ( Exam in Year 10)		
		At least 1 Part II Module (SAM) Per 3-Year MC-FP Stage		
		At least 1 Part IV Module (PPM or Approved Alternative) Per 3-Year MC-FP Stage		
		Additional Part II Module or Part IV Module Per 3-Year MC-FP Stage		
	2011- Beyond (Continuous)	Continuous Process in 3-Year MC-FP Stages		
<b>1</b>		Minimum of 1 Part II Module (SAM); 15 MC-FP Points Per 3-Year MC-FP Stage		
		Minimum of 1 Part IV Module (PPM or Approved Part IV); 20 MC-FP Points Per 3-Year MC-FP Stage		
		Additional Part II or Part IV Module Per 3-Year MC-FP Stage		
I		Minimum 50 MC-EP points per 3-Year MC-EP Stage 18		





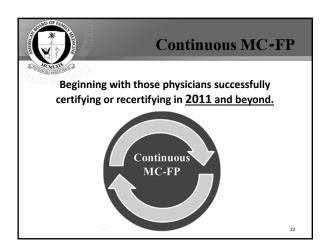
# In Summary...

Diplomates certifying or recertifying between 2003 and 2010 have a seven-year cycle with the option to extend to ten years through successful participation in MC-FP. They continue in this process until next recertification.

Seven-year cycle <u>no longer</u> available for Diplomates certifying or recertifying in 2011 and beyond.

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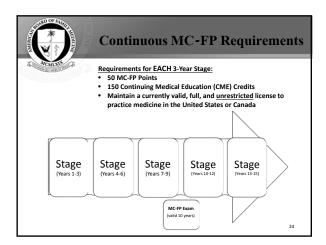
Maintenance of Certification for Family Physicians (MC-FP) 2011-Beyond

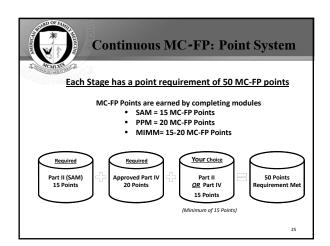


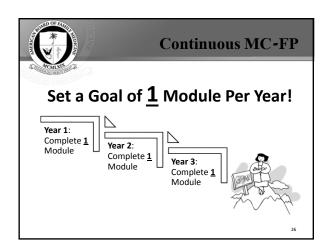


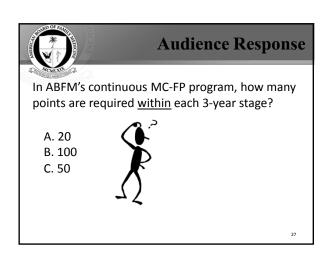
### **Changes Effective with Continuous MC-FP**

- 10-year examination requirement
- 7-year certification plan no longer available
- Point system in place 50 points required per 3-year Stage
  - SAMs= 15 points
  - PPMs= 20 points
  - MIMMs = 15-20 points
- Certification status contingent on meeting MC-FP requirement WITHIN
- each 3-year Stage (deadline December 31st of year 3 of Stage) Simplified financial plan
- CME requirement per 3-year Stage 150 credits (Unchanged)

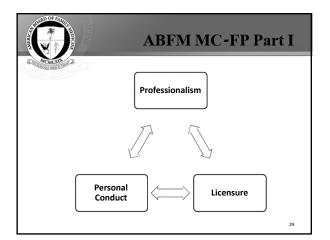


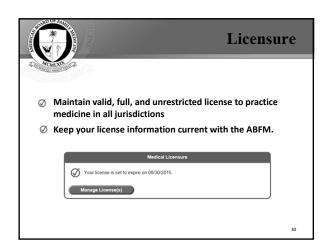






# Professionalism, Licensure, and Personal Conduct







# **Professionalism**

ABFM will assess two aspects of professional:

### **Personal Conduct**

Personal Conduct
Personal Conduct includes the
demonstration of professional
responsibility and ethical behavior, the
precept of primum non noore (first, do
no harm); the application of moral
principles, values and ethical conduct
to the practice of medicine; the skill,
competence and character expected of
a physician; and, compassion and
benevolence for patients.

### **Licensure**

Licensure includes the maintenance of a valid, full and unrestricted license to practice medicine in all jurisdictions of the United States, its territories, or Canada in which the physician holds a license.

For more details regarding professionalism visit the ABFM website www.theabfm.org



# **ABFM MC-FP Part II**

### Self Assessment Modules (SAMs): Knowledge Assessment

- A longitudinal educational initiative—NOT a test
- Completion/progression (80%) is the expectation
- Goal of mastery of up-to-date information
- "Open Book"- Multiple retakes as needed
- Discussion with colleagues, consultants encouraged
- Multiple resource "tools" are available inside each module

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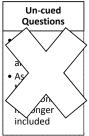
# **SAM Question Types**

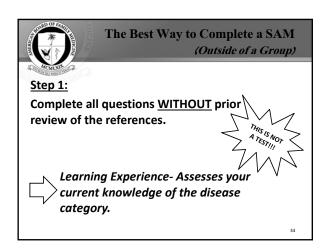
### Standard **Multiple Choice**

• Single Answer Questions

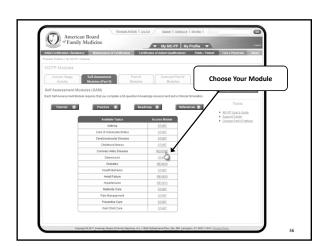
### **Multiple Choice**

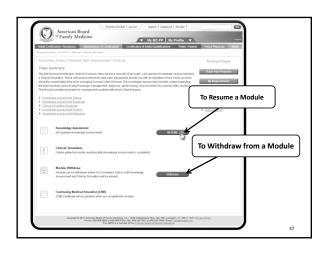
 Possible Multiple Answer Questions

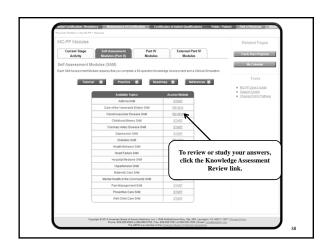


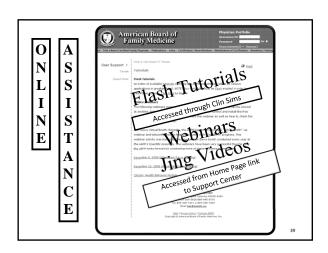


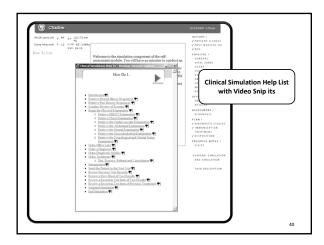


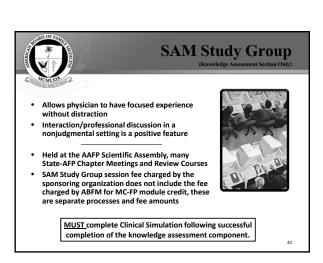


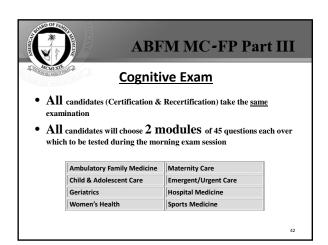














# **Cognitive Examination**

Tutorial and Practice Exam

- Helpful to Diplomates
- Available online at <u>www.theabfm.org</u> under "Support Center" located at the top of the page
- Experience look and feel of actual exam
- Become familiar with navigation tools
- Answer sample questions



# **Exam Preparation Assistance**

**Exam Preparation Tools Available on ABFM Website:** 















- Videos Outlining Study Plans
- Study Tips
- 2-Week Checklist
- Exam Tutorial

Access these tools on the ABFM website  $\underline{www.theabfm.org}$ 



# **Exam Deadlines**

# **2015 Spring Exam Deadlines**

Fall 2015 Exam Deadline	Date	
Registration Begins	December 5, 2014	
Deadline to submit application without a late fee	January 9, 2015	
Final Deadline to submit application with a \$100 late fee	February 25, 2015	
Exam Dates	April 1,2,3,4,6,7,8, 9,10,11,13,14,15,16	
Exam Results	To Be Announced	



# **Avoid Late Fees**

# BEGIN the formal application prior to the

- deadline to avoid late filing fees

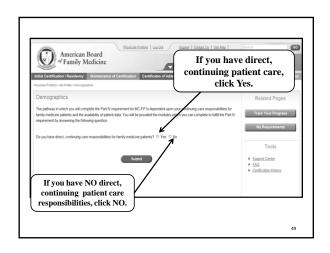
  ---- to be able to access the application, all required modules must be paid for/and or started
  (completion of the modules is not required to start the application but all modules must be complete by the deadline for clearing deficiencies)
  - IMPORTANT!!! Advance beyond the payment page of the
  - go back to the application to choose a test date and test center as soon as all deficiencies are cleared (including completion of all modules)

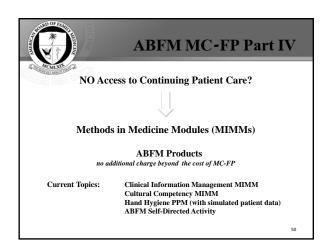


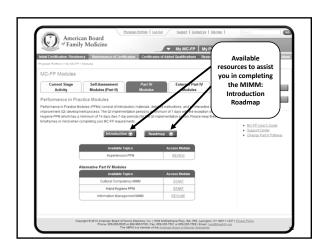
# **ABFM MC-FP Part IV**

**PPM** PPM Alternative MIMM MC-FP Part IV











# **ABFM MC-FP Part IV**

# **Self-Directed PPM**

- The required attestation form can be accessed through the physician portfolio
- Submission of an attestation form does not guarantee Part IV credit
- Approval occurs on a case-by-case basis
- Allow up to 8 weeks for the review process

Specific Information about the Self-Directed activity can be found in your Physician Portfolio

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# **Part IV Alternatives Support**

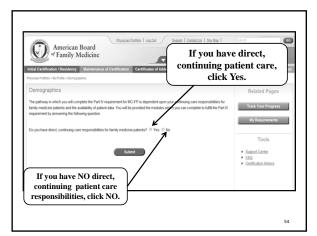
 Nichole Lainhart, Program Manager MC-FP Alternatives Activities

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# **ABFM MC-FP Part IV**

**PPM Alternatives** MC-FP Part IV



# **ABFM MC-FP Part IV**

### **Approved Part IV Alternatives**

(Examples of Approved Part IV Alternatives)

- American Academy of Family Physicians (METRIC)
   Multi-Specialty Portfolio Approval Program (MSPP) Sponsor organization activities
- National Committee for Quality Assurance (NCQA)
  - Physician Recognition Programs
  - Approved programs: Diabetes, Heart/Stroke, Back Pain, Patient Centered Medical Home
  - Individual-level certificates of recognition in Heart/Stroke, Diabetes, Back Pain, or PCMH (only 2011, Level 3) can be submitted for Part IV credit
  - Organization-level certificates of recognition require additional physician attestation to be considered for Part IV credit

(Bridges to Excellence programs can be considered through the Self-Directed pathway)



# **ABFM MC-FP Part IV**

Visit the ABFM website for the complete current list of

**Approved Outside Vendor Activities** 

www.theabfm.org

(listed under the Maintenance of Certification Section-click the Part IV Performance in Practice)



# **Audience Response**

Successful Completion of an approved ABFM PPM Alternative provides what percentage of credit for the Part IV MC-FP requirement?

A. 100% B. 25% C. 50%



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# **ABFM MC-FP Part IV**

Access to Continuing Patient Care?

YES

Complete a Performance in Practice Module (PPM)





# **ABFM MC-FP Part IV**

# **Important Benefits of the PPM**

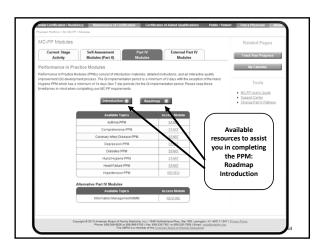
- 1) Applied to **your** practice and **your** patients
- 2) Provides performance-based overview of your
- 3) Directed and controlled by you
- 4) Data available only to you (non-discovery)
- potential additional financial benefits available

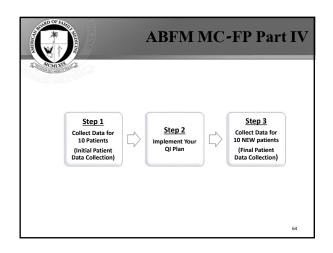


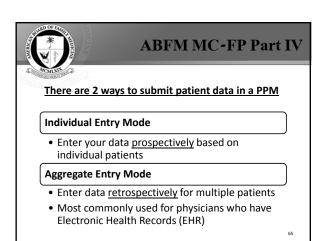
# **ABFM MC-FP Part IV**

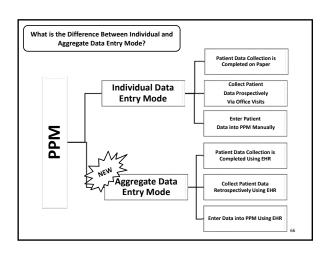
# PPM Choices currently available online:

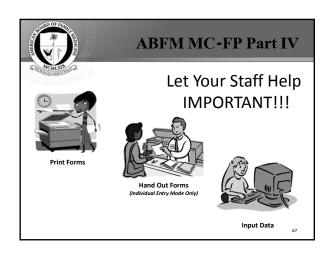
- Asthma
- Hand Hygiene
- Comprehensive
- Heart Failure
- Coronary Artery Disease Hypertension
- Depression
- Self-Directed
- Diabetes

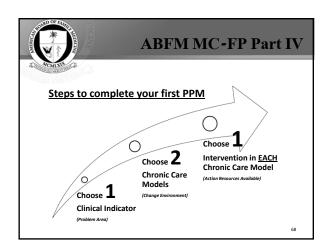


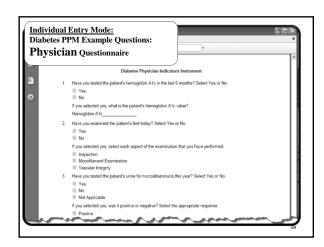


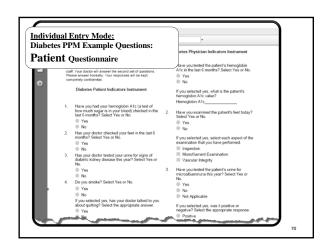


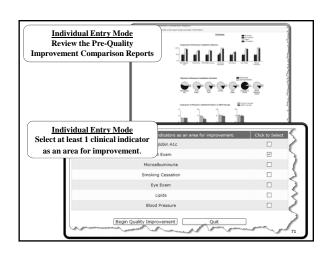


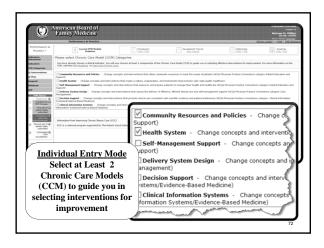




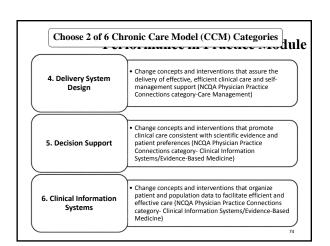


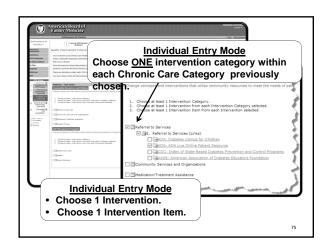


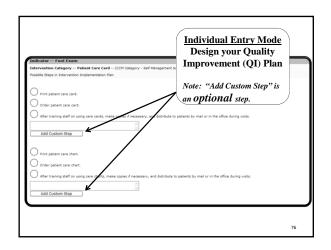


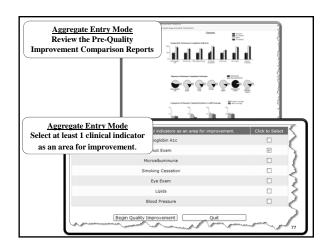


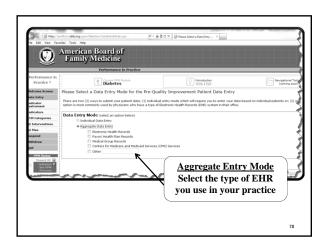
# Choose 2 of 6 Chronic Care Model (CCM) Categories 1. Community Resources and Policies • Change concepts and interventions that utilize community resources to meet the needs of patients (NCQA Physician Practice Connections category-Patient Education and Support) • Change concepts and interventions that create a culture, organization, and mechanisms that promote safe, high-quality healthcare • Change concepts and interventions that empower and prepare patients to manage their health and healthcare (NCQA Physician Practice Connections category-Patient Education and Support)













# **Audience Response**

How many patients are required for successful completion of each of the pre and post audits of an ABFM PPM?

A. 10 B. 75

C. 30

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# **ABFM MC-FP Part IV**

# **Self-Directed PPM**

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# **Part IV Alternatives Support**

 Nichole Lainhart, Program Manager MC-FP Alternatives Activities

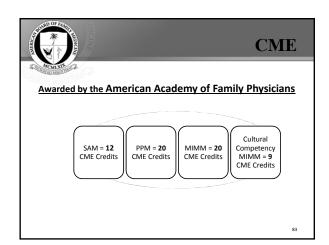
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