

PENNSYLVANIA ACADEMY OF FAMILY PHYSICIANS AND THE READING HEALTH SYSTEM
CME AGENDA*
NOVEMBER 17-19, 2017

Faculty Disclosure - All faculty participating in continuing medical education activities sponsored by the PAFP Foundation are expected to disclose to the activity audience any real or apparent conflict(s) of interest related to the content of their presentation(s). Full disclosure of faculty relationships will be made at the activity. Any reported conflicts of interest were cleared prior to this event.

Friday, November 17	
7:00 am – 7:00 pm	<p style="text-align: center;">Social Lounge</p> <p style="text-align: center;"><i>Gather and mingle with your colleagues to unwind. The Lounge will include space for you to sit and chat with new and old colleagues. Stop by to charge your devices, check e-mails or just relax.</i></p>
7:00 am – 8:00 am	<p style="text-align: center;">Registration and light breakfast</p>
8:00 am – 8:10 am	<p style="text-align: center;">Welcome all – explanation of movement breaks, etc.</p>
8:15 am – 8:45 am	<p style="text-align: center;">Opening Session - “How Did We Get into this Fix, and How Do We Get Out?”</p> <p>Joseph Garbely, DO, Caron Treatment Centers, Wernersville, PA</p> <ul style="list-style-type: none"> • <i>Deploy interprofessional and interdisciplinary materials to improve coordination of care among diverse healthcare professionals;</i> • <i>Improve communication between family medicine physician practices and interprofessional team members, specifically the quality and timeliness of referral and follow-up consult notes;</i> • <i>Understand how to deploy patient experiences program to assess patients’ experiences and knowledge of pain management in order to more appropriately and effectively engage them in shared decision-making practices;</i> • <i>Improve confidence to treat patients with chronic pain by utilizing evidence- and guideline-based strategies for risk assessment, management, and monitoring of opioid therapy.</i>
8:45 am – 2:00 pm	<p style="text-align: center;">Knowledge Self-Assessment (KSA) Study Group – Congestive Heart Failure</p> <p style="text-align: center;">Lou Mancano, MD, Reading Hospital FMR</p>
Concurrent Sessions	
9:00 am – 10:00 am	<p style="text-align: center;">Overcoming Barriers to Individualized Management of Overactive Bladder in the Primary Care Setting</p> <p>Scott A. MacDiarmid, MD. Greensboro, NC</p> <ul style="list-style-type: none"> • Employ effective evidence-based strategies for assessment, diagnosis, and management of overactive bladder (OAB) through multiple lines of therapy; • Apply pharmacologic approaches for treatment of OAB based on relative benefits and risks of available regimens, individual patient characteristics and co-morbidities, and disease-related features; • Recommend therapy modifications and strategies to minimize treatment-emergent adverse events to improve adherence and enhance patient satisfaction.
	<p style="text-align: center;">Testosterone Deficiency and Management...Who, What and How</p> <p>Michael D. Baxter, MD and Jason Rutherford, DO, Reading Health System</p> <ul style="list-style-type: none"> • Define testosterone deficiency and summarize the evaluation and management of this condition; • Compare the price, efficacy and role of the different testosterone replacement preparations; • Know who will most likely benefit from testosterone replacement therapy and the guidelines for monitoring patients before and after beginning treatment.

10:00 am – 10:15 am	<p>Movement Break (Refreshments provided) Welcome back Doug Lentz, MS, CSCS, Director of Fitness and Wellness for Summit Health! Doug's exercises can be done throughout the conference or anytime...perfect for you and your patients.) No experience necessary and very informal.</p>
10:15 am – 11:15 am	<p>Managing Chronic Hepatitis C in the Primary Care Setting: Best Practices From Screening to Treatment Mark S. Sulkowski, MD, Johns Hopkins Medicine, Baltimore, MD</p> <ul style="list-style-type: none"> • Use evidence-based recommendations for early and accurate HCV screening and diagnosis in clinical practice; • Develop effective follow-up, counseling, and quality care strategies for patients with confirmed diagnosis of HCV; • Employ contemporary clinical trial data and evidence-based recommendations to facilitate the optimal clinical use of direct-acting antiviral agents (DAAs) in individuals with HCV; • Apply available guidance and best practices for promoting patient adherence to HCV therapy and monitoring regimens. <hr/> <p>Neurobiology of Addiction Joseph Garbely, DO, Caron Treatment Centers, Wernersville, PA</p> <ul style="list-style-type: none"> • Develop a conceptual framework of addiction that goes beyond the acute rewarding effects of drugs; • Understand the neuroplasticity in the brain reward, stress systems, and executive function systems associated with the transition to addiction; • Identify the knowledge that may predict vulnerability and novel treatments for addiction.
11:30 am – 12:30 pm	<p>A Master Class in Understanding and Applying New Strategies to Improve Early Recognition and Treatment of Heart Failure in Family Practice Garrick C. Stewart, MD, Brigham and Women's Hospital, Boston, MA</p> <ul style="list-style-type: none"> • Understand the barriers from the patient and care giver's point of view; • Analyze data on higher CHD mortality among minorities; • Identify tools to improve care and outcomes for various patient populations.
12:30 pm – 1:15 pm	Lunch stations – exhibit area
Open Business Meetings and Events 12:00 pm – 1:30 pm	<p><u>Committee Meetings</u> Government and Practice Advocacy Committee (GPAC) meeting Continuing Professional Development Committee meeting</p>
Concurrent Sessions/Workshops	
1:15 pm – 3:15 pm	<p>An Osteopathic Approach to Low Back Pain (Note: The same curriculum for this workshop will repeat in the second hour.) Kathleen Sweeney, DO, Altoona Family Physicians Margaret Wilkins, DO, PCOM Jacquelin Fabina, DO, Altoona Family Physicians Residency Drew Keister, MD, Lehigh Valley Health System</p>
1:15 pm – 2:00 pm	<p>Breast Cancer Update – Prevention and Screening Kristine M. Leaman, MD, Reading, PA</p> <ul style="list-style-type: none"> • Know the guidelines for prevention and screening; • Improve clinical processes and improve the quality of breast cancer patient care; • Understand the value of appropriate and timely therapeutic interventions; • Learn how to address patient emotional needs, psychosocial support and advocacy issues; • Identify how to support multidisciplinary collaboration.

2:15 pm – 3:00 pm	<p>Treatment Alternatives for Substance Abuse Dean Drosnes, MD, Caron Treatment Centers, Wernersville, PA</p> <ul style="list-style-type: none"> • Understand alternative assisted medication treatment options for opioid use disorders; • Learn the medication options for relapse prevention in alcohol use disorders; • Understand the necessity for comprehensive treatment for substance use disorders.
2:00 – 2:15 pm	Movement and Information Exchange with Exhibitors (refreshments provided)
3:00 pm – 4:00 pm	<p>Screening, Brief Intervention and Referral to Treatment (SBIRT) and MAT Michael McCormick, DO, Caron Treatment Centers, Wernersville, PA</p>
3:15 pm – 5:00 pm	<p>Use of Ultrasound and Musculoskeletal Exams Eric Kephart, DO, Conemaugh Sports Medicine</p>
Concurrent Sessions	
4:15 pm – 4:45 pm	<p>Diagnosing and Managing CKD to Avoid Complications and Dialysis Adam Rubin, MD</p> <ul style="list-style-type: none"> • Define CKD and describe the criteria established for each stage of progression; • Demonstrate knowledge of the hi risk medications that contribute to the onset and progression of CKD; • Describe evidence based care of the CKD patient which will help prevent progression of the disease.
	<p>Intro to the Top 10 Best Easy to Use Wellness Apps For Your Patients Drew Keister, MD, Lehigh Valley Health System</p> <ul style="list-style-type: none"> • Identify components of fitness regimens that might be assisted by digital apps; • Discuss the pros and cons of the most popular fitness/wellness apps; • Show patients how to download and use the most popular fitness/wellness apps.
Open Business Meetings and Events	<p>4:00 – 6:15 pm – Board of Directors Meeting (light hors d'oeuvres)</p>
	<p>6:00 – 7:30 pm - PAC Fundraiser - The Seidel Hyundai Sky Lounge at the Santander Arena Join your colleagues and Special Guest The Hon. Judy Schwank, State Senator, Minority Chair of the Senate Health & Human Services Committee, and Minority Vice Chair of Senate Appropriations. Enjoy a complimentary beverage with a suggested contribution of \$50 or more to raise money for the PAFP PAC. Have a great time while strengthening family medicine in Pennsylvania! Light snacks will be provided.</p>
Saturday, November 18	
7:00 am – 7:00 pm	Social Lounge
Concurrent Sessions	
7:00 am – 7:30 am	<p>Early Risers! Yoga time – Anyone can do this type of yoga, no experience necessary! Join us and start your day off refreshed, invigorated and de-stressed. Diane Wojciechowski, Instructor</p>
7:30 am - 8:15 am	<p>ABFM's Family Medicine Certification (FMC)... Recent Enhancements Which Favorably Impact You <u>Now</u> (breakfast served) Joseph Tollison, MD, ABFM, Lexington, KY</p> <ul style="list-style-type: none"> • Understand the components of the current programs, including recent changes; • Review in-depth the recent (2017) modifications, as well as last year's; • Know the options available for completing a KSA requirement.

8:15 – 9:00 am	<p>Evaluation and Differential Diagnosis of Syncope Andrew Waxler, MD, Reading Health System</p> <ul style="list-style-type: none"> • Learn to evaluate patients who present with syncope to differentiate cardiac from non-cardiac causes; • Determine common and important medical conditions, particularly cardiac, that cause syncope, and identify their respective findings on history, physical exam, and work-up; • Understand which studies are generally low-yield in the work-up of syncope; • Learn to manage patients with vasovagal syncope.
Concurrent Sessions	
9:15 am – 10:00 am	<p>Managing Meds During a Problem Pregnancy (Hypertension, Asthma, Diabetes, Postpartum Depression) Christine M. Stabler, MD, Lancaster General Health System</p> <hr/> <p>Is Heart Disease Different in Women? Agnieszka Mochon, MD, Reading Health System</p>
10 am – 10:30 am	Movement Break and Information Exchange with Exhibitors (refreshments provided)
Concurrent Sessions	
10:30 am – 11:15 pm	<p>Update in Obstetrics from Primary Care...from A to Zika... What Every FP Who Doesn't Do OB Needs to Know Stacey Milunic, MD</p> <ul style="list-style-type: none"> • Discuss the evaluation and management of common non-obstetric acute complaints in the pregnant patient; • Identify the impact of updated prenatal care guidelines on primary care of the pregnant patient; • Demonstrate appropriate preconception counseling about Zika Virus and other significant diseases. <hr/> <p>When Does an Ill Child Become An Emergency? Chris Valenti, MD, Reading Health System</p> <ul style="list-style-type: none"> • List the factors that predispose children to become emergently ill; • Detail the clinical criteria that best predict the child that will become seriously ill; • Outline those laboratory studies and other diagnostic tests that are best employed in the initial and subsequent evaluation of such children; • Understand the emergent management of the seriously ill child.
11:20 am – 12:20 pm	<p>Lunch AAFP Vaccines program (Vaccinations 4 Teens)</p>
11:20 am – 12:00 pm	Exhibitor focus group Lunch
12:30 pm – 2:00 pm	<p>The Three P's: Pride, Passion and Purpose Steve Gilliland</p>
2:00 pm – 2:30 pm	Movement Break and Information Exchange with Exhibitors (refreshments provided)
2:30 pm – 4:00 pm	<p>Panel on Burnout and Discussion groups Steve Gilliland, facilitator Donald Beckstead, MD, Altoona Family Physicians Michael Gaudiose, MD, US Army War College, Dunham Clinic, Carlisle, PA Lynn Rogers, LCSW, Altoona Family Physicians</p>

Concurrent Sessions	
4:15 pm – 5:00 pm	Marijuana for Medical Use – Just the Facts M’aam Jacquelin Fabina, DO, Altoona Family Physicians Residency
	Quick Hits Panel – Q & A – Obstetrics for Board Review
5:00 pm – 5:40 pm	Taste of Reading kick-off reception – all attendees and exhibitors encouraged to attend
5:45 pm – 8:30 pm	PAFP Dine Around Social – details forthcoming
Sunday, November 19	
8:00 am – 9:00 am	PAFP Member Breakfast Meeting <ul style="list-style-type: none"> Legislative update relative to clinical practice and Q & A Wanda Filer, MD – AAFP update
9:00 am – 10:00 am	An Overview of Lymphomas Erik J. Rupard, MD, Reading Health System
10:15 am – 11:15 am	Fever and Rash Michael Gaudiose, MD, Dunham Clinic, US Army War College, Carlisle, PA <ul style="list-style-type: none"> Be up to date on recent outbreaks due to unimmunized children; Perform a comprehensive examination of the skin accurately describing primary and secondary lesions; Utilize appropriate laboratory studies and recognize those lesions that represent significant or life-threatening diseases and Initiate timely treatments.
11:15 am – 11:30 am	Check out break
11:30 am – 12:30 pm	Intimate Partner Violence (IPV)...Screening as a Step to Healing Wanda Filer, MD, AAFP Past President, York Pa