

## 2018 Combined PAFP and Temple University Department of Family Medicine CME Conference


**Faculty Disclosure** - All faculty participating in this continuing medical education activity are expected to disclose any real or apparent conflict(s) of interest related to the content of their presentation(s). Full disclosure of faculty relationships will be made at the activity. Any reported conflicts of interest were cleared prior to this event.

**Type Key:** CME  Research Day  Social  PAFP Business Meetings


**Special Credit Designations Key:**  = Board Review Session PS = Patient Safety  Wellness

THURSDAY, MARCH 1	
	<p>3:00 – 6:30 PM PAFP Commission and Board Meetings will be held as follows:</p> <p>3:00 – 4:30 PM – Commission Meetings: Education, GPAC, RSAC</p> <p>4:30 – 6:30 PM – Board of Directors</p>
FRIDAY, MARCH 2	
7:30 – 8:00 AM	<b>Registration and light breakfast</b>
7:30 – 9:00 AM	<p><b>PAFP Annual Business Meeting Breakfast (part I) Business, Voting, AAFP Update</b></p> <p><b>All invited; however only PAFP members may vote.</b></p>
9:15 – 11:15 AM	<p><b>Act 31 Child Abuse Training - Recognizing and Responding to Children at Risk <span style="color: red;">PS</span></b> <b>(Meets State Requirement for Mandated CME)</b></p> <p>Dr. Marita Lind – Director Child Protection Program at St. Christopher’s Hospital for Children Karen Kilson – Casework Supervisor at Delaware County Children &amp; Youth Services</p> <ul style="list-style-type: none"> <li>• Identify the role of child protection;</li> <li>• Define categories of child abuse in the law;</li> <li>• Recognize potential risks/indicators of child abuse/neglect;</li> <li>• Describe role of mandated reporter;</li> <li>• Explain referral process and follow up and Identify prevention resources.</li> </ul> <p><b>(note: Specific qualifying information was required at registration – please be sure you submitted this information in order to receive credit for attending this session.)</b></p>
<b>Concurrent Sessions</b>	
9:15 – 10:00 AM	<p><b>Precision Medicine (Genomics Update)</b> Mylynda Massart, MD, University of Pittsburgh</p>

	<p><b>Advances in Screening and Diagnosing Lung Cancer</b>  <b>PS</b> Cherie P. Erkman, MD, Temple Health</p>
10:00 – 10:15 am	<b>Refreshments and Movement Break</b>
10:15 – 11:00 AM	<p><b>Improving the Diagnosis and Management of Opioid-induced Constipation to Optimize Outcomes of Patients with Chronic Pain</b> <b>PS</b> Jeffrey A. Gudin, MD, Englewood Hospital and Medical Center, Englewood, NJ</p> <ul style="list-style-type: none"> <li>• Describe the prevalence of OIC and its effect on patient health, QOL and adequate pain management;</li> <li>• Identify clinical barriers to accurate assessment of diagnosis and OIC;</li> <li>• Describe the recommended assessment of patients with OIC and indications for initiation of treatment;</li> <li>• Compare the relative efficacy and safety of currently available therapies for OIC.</li> </ul>
<b>Concurrent Sessions</b>	
11:00 – 11:45 AM	<p><b>Advances in the Screening, Diagnosis and Treatment of Testicular and Prostate Cancer</b> Speaker TBD  <b>PS</b></p>
	<p><b>Diagnosing Hemoglobinopathies – Case Discussions</b> Ronald Rubin, MD, Temple Health</p>
12:00 – 1:30 PM	<p><b>Annual Business Meeting Lunch (Part II)</b> <b>Awards: Family Physician of the Year, Exemplary Teacher, Degree of Fellow, Installation of Officers</b></p>
<b>Concurrent Sessions</b>	
1:30 – 2:00 PM	<p><b>Advances in the Screening and Treatment of Female Reproductive Cancers</b>  <b>PS</b> Marisyl D. de La Cruz, MD, Thomas Jefferson University</p>
	<p><b>Wellness Session TBD</b> Susan Fidler, MD and Aaron Sutton, LSW</p>
2:15 – 3:00 PM	<p><b>Ascertaining the Role of the Primary Care Clinician in the Recognition and Management of Patients With Multiple Sclerosis in the Modern Era</b> <b>PS</b> Clyde E. Markowitz, MD, Hospital of the University of Pennsylvania, Philadelphia, PA</p> <ul style="list-style-type: none"> <li>• Identify the common early signs and symptoms associated with multiple sclerosis;</li> <li>• Apply updated criteria for the diagnosis of multiple sclerosis;</li> <li>• Recognize recent data on the efficacy of approved and emerging therapies for the treatment of multiple sclerosis;</li> <li>• Employ a plan to more readily refer and coordinate the management of patients with multiple sclerosis with secondary care clinicians.</li> </ul>

3:00 – 3:15 am	<b>Refreshments and Movement Break</b>
3:15 – 4:15 PM	<p><b>Allergy Immunotherapy: A New Role for the Family Physician PS</b>  Louis Kuritzky, MD, FAAFP, College of Medicine, University of Florida</p> <ul style="list-style-type: none"> <li>• Compare the mechanisms of sublingual and subcutaneous immunotherapy;</li> <li>• Describe the efficacy and impact on the natural history of allergy of sublingual immunotherapy;</li> <li>• Compare the safety profiles of sublingual and subcutaneous immunotherapy;</li> <li>• Safely initiate sublingual immunotherapy in appropriate patients in primary care.</li> </ul>
4:15 – 4:45 PM	<b>Quick Hits Panel – Oncology Q &amp; A from earlier sessions  PS</b>
4:45 – 5:15 PM	<p><b>Lila Stein Kroser, MD Memorial Lecture</b>  Margaret Johnson Baylson, MD, MPH Residency Program Director  Chief of Family Medicine at Penn Presbyterian Medical Center Department of Family Medicine and Community Health University of Pennsylvania</p>
5:30 PM	<b>Shuttles load for President’s Celebration at Citizen’s Bank Park</b>
6:00 – 9:00 PM	<p><b><i>President’s Celebration!!!</i></b>  Join us in welcoming David O’Gurek, MD, newly installed PAFP President, at the Hall of Fame Club at Citizen’s Bank Park, home of the Philadelphia Phillies. Enjoy plenty of wonderful food, beverages, camaraderie and a very special visit from the Philly Phanatic!</p>
<b>SATURDAY, MARCH 3</b>	
7:00 – 8:00 AM	<b>Registration and light breakfast</b>
7:00 – 8:00 AM	<b>Optional Exhibit Time</b>
7:30 – 8:30 AM	<b>Reorganization Board Meeting Breakfast</b>
8:30 AM – 4:30 PM	<p><b>Research Day Presentations</b>  Students, Residents, and Physicians/Fellows present the latest clinical research abstracts</p> <p><b>Oral Presentations will be held during the following times:</b>  <b>8 – 10 AM</b>  <b>2 – 3:30 pm</b>  <b>3:30 – 4:30 pm</b></p> <p><b>Poster sessions as noted on this agenda.</b></p>
<b>Concurrent Sessions</b>	
8:00 – 8:45 AM	<p><b>America's Family Physicians - Addressing the Youth Suicide Epidemic PS</b>  Stephen Gray Wallace, Center for Adolescent Research and Education</p>

	<ul style="list-style-type: none"> <li>• Better understand the decision factors related to risk behaviors;</li> <li>• Be able to develop a communication process to empower parents and teens to better understand the physical, social, emotional and legal consequences of risk behaviors;</li> <li>• Have concrete communication tools for families.</li> </ul> <hr/> <p><b>Exploring Protein’s Role in Weight Loss and Body Composition</b>  Drew Sayer, PhD, University of Colorado Anschutz Health and Wellness Center</p> <ul style="list-style-type: none"> <li>• Define mechanisms involved in weight loss and lean muscle mass retention;</li> <li>• Assess the relationship between higher protein intake and weight loss, weight maintenance, and body composition;</li> <li>• Apply research on the role of protein in weight loss and lean body composition to the development of healthy eating patterns.</li> </ul>
9:00 – 10:15 AM	<p><b>The Undeniable Truth about the 21st Century Drug Epidemic and Solutions for Making a Difference PS</b>  Mr. Bob Stutman and Judge Jodi Switalski</p> <p>(Special thank you to Quest Diagnostics for the support making Mr. Stutman and Judge Jodi’s visit with us again possible.)</p>
10:15 – 10:45 AM	<p><b>Research Day Poster Viewing (CME) and Refreshment Break with Exhibitors</b></p>
<p><b>Concurrent Sessions</b></p>	
10:45 – 11:15 AM	<p><b>Philadelphia CeaseFire</b>  Kathy Reeves, MD and Marla Davis Bellamy, JD, Temple Health</p> <hr/> <p><b>Update in Toxicology</b>  Joseph D’Orazio, MD, Philadelphia, PA</p>
11:00 AM – 2:00 PM	<p><b>Special Resident &amp; Student Career Planning Track (lunch served)</b></p> <ul style="list-style-type: none"> <li>• <b>Navigating your First Job Search (11 am)</b></li> <li>• <b>Diverse Practice Panel: Including FQHC, Rural, DPC Practicing Family Physicians (12 pm with lunch)</b></li> <li>• <b>Personal Finance and Managing Your Educational Loan Debt: Primary Care Physicians and Personal Wealth (1 pm)</b></li> <li>• <b>Successful strategies for Applying to Visa Waiver Programs</b></li> </ul>
11:15 AM – 12:00 PM	<p><b>Physician Health and Wellness – A 10,000 Foot Perspective – Part 1 PS</b> </p> <p>Clif Knight, MD, AAFP</p>

12:15 – 1:00 PM	<b>Physician Health and Wellness – Now, the 1,000 Foot Perspective – Part 2</b> <b>PS</b>  Clif Knight, MD, AAFP, Michael Gaudiose, MD, Donald Beckstead, MD Lunch Time Panel and Round Table Discussions
<b>12:00 PM – 1:00 PM Buffet Lunch also open with exhibitors</b>	
<b>Concurrent Sessions</b>	
1:00 – 1:45 PM	<b>When Brain Meets Body</b> Daniel Orr, MD Understand how the central nervous and peripheral nervous system affects normal stress and severe stress.
	<b>Non-Pharmacological Treatment of Low Back Pain</b> Speaker TBD
<b>Concurrent Workshops</b>	
2:00 – 5:00 PM (break from 3 – 3:30 pm)	<b>Battlefield Acupuncture (Note this class is limited to a maximum of 30 people)</b> Robert N. Agnello, DO, FACOFP, Interdisciplinary Management Pain Center, Womack Army Medical Center, Fort Bragg, NC Michael Gaudiose, Dunham Army Health Clinic, US Army War College, Carlisle, PA Dr. April Letcher, PharmD, BCACP, BC-ADM, Dunham Army Health Clinic, US Army War College, Carlisle, PA
	<b>SMART (Sideline Management Assessment Response Techniques) Workshop</b> <b>PS</b> Mike Petrizzi, MD, FAAFP, Virginia Commonwealth University (VCU) Steve Cole, ATC, MEd, College of William and Mary <ul style="list-style-type: none"> <li>• Compare assessment techniques used to examine athletes with injuries that are common to specific sports;</li> <li>• Evaluate athletes for potential sprains, strains, dislocations, fractures, ligament tears or head and neck injuries and provide stabilization as appropriate;</li> <li>• Practice the use of a Rapid Diagnosis Guide to evaluate the nature and extent of an injury and perform sideline functional assessment drills to determine athletes' readiness to return to play.</li> </ul>
	<b>ACES (Adverse Childhood Events) Trauma Informed Care</b> <b>PS</b> Ellen Smith, MD, Lemoyne, PA <ul style="list-style-type: none"> <li>• Define common medical, legal and psychiatric outcomes in relation to a high ACE score;</li> <li>• Practice reviewing an ACE score result with a colleague acting as a mock patient;</li> <li>• Identify 3 actions/policy changes that will move your practice to becoming more trauma-informed.</li> </ul>
3:00 – 3:30 PM	<b>Research Day Poster Viewing (CME) and Refreshment Break with Exhibitors</b>

5:00 – 5:45PM	<b>Research Day Awards / Chili Cook-off and Beer and Wine Pairing Reception with Exhibitors</b> (Exhibitors encouraged to submit chili recipe and stay for this well-attended event.)
6:00 – 9:00 PM	<b>PAFP PAC Fundraiser.... come one and all!</b>  "Strike" out on the town at Lucky Strike Lanes...a fun venue where you can relax and enjoy the company of colleagues and friends over some music, food, tasty drinks and of course bowling if you're feeling adventurous. Everything provided for a fun time, including shuttle service.  Minimum donation of \$75 to the PAFP PAC suggested. See registration form for details.
<b>SUNDAY, MARCH 4</b>	
7:30 AM	<b>Breakfast on your own</b>
8:00 – 9:15 AM	<b>New BP Guidelines – A Panel Discussion PS</b> Margot Savoy, MD, MPH, FAAFP - Moderator Mike Gaudiose, MD, Dunham Army Health Clinic, US Army War College, Carlisle, PA David O’Gurek, MD, FAAFP, Temple Health
9:15 – 10:15 AM	<b>Pediatric Asthma Update</b> Alexandra Schieber, DO, Temple Health
10:30 – 11:30 AM	<b>Mitigating Risk While Integrating Opioids into Family Practice</b> Jeffrey Hom, MD, MPH, Philadelphia Department of Health Dave O’Gurek, MD, FAAFP, Temple Health
11:30 – 11:45 AM	<b>Refreshment and check-out Break</b>
11:45 AM – 12:45 PM	<b>Neurologic Syncope PS</b> Mercedes Jacobson, MD, Temple Health
12:45 PM	<b>Closing Remarks and drawings</b>