# PAFP'S Procedures and Clinical Dermatology

#### AGENDA

# The Penn Stater Hotel and Conference Center September 6 – 7, 2018

# **THURSDAY, SEPTEMBER 6**

3:30 PM

Registration opens

#### **CONCURRENT WORKSHOPS**

4:00 - 5:30 PM

#### CRYOSURGERY WORKSHOP PS

Kathleen Sweeney, DO, FAAFP, UPMC Altoona Family Physicians FMR

- Identify the uses, risks, benefits, and complications of cryosurgery;
- Learn the methods and techniques of cryosurgery for destroying benign and malignant cutaneous lesions;
- Know the indications and contraindications to cryotherapy and which lesions are appropriate to treat.

### DERMOSCOPY WORKSHOP PS

Michael Flanagan, MD, Ravishankar Rao, MD, and Kristen Grine, DO Penn State Health, State College

- Know when and how to use a dermascope in clinical practice;
- Know how to identify structural features of melanoma and other skin cancers using a dermascope;
- Confidently use a dermascope to diagnose some benign lesions without the need for a biopsy.

### SPECIAL EVENT/SESSION

(This session will take place at the Mt. Nittany Winery. Space is limited but guests may attend up to the maximum number of individuals allowed in the space.) See reg form for fees.

6 - 8 PM

## COSMETIC DERMATOLOGY AND CARE OF THE AGING SKIN ...

"Like a Fine Wine: Expert Tips on Aging Gracefully"

Rachel Day, MD, Summit Plastic Surgery and Skin Care Center, Chambersburg

- Identify the genetic, medical and environmental factors that contribute to aging skin;
- Review photoprotection and supplements that can protect against sun damage;
- Learn which ingredients in cosmeceuticals help reduce signs of aging and how they work.

#### FRIDAY, SEPTEMBER 7

7 AM

# **REGISTRATION OPENS (light breakfast)**

7:30 – 8:15 AM

# MELANOMA VS NON-MELANOMA SKIN CANCERS PS

Rachel Day, MD, Summit Plastic Surgery and Skin Care Center, Chambersburg

- Review epidemiology and risk factors of each;
- Know how to approach diagnosis and work up;
- Review guidelines for continued management and monitoring.

#### CONCURRENT WORKSHOPS

8:15 - 9:45 AM	<b>EXCISION/SHAVE/ PUNCH BIOPSY WORKSHOP</b>	PS
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Terry Ruhl, MD, UPMC Altoona Family Physicians FMR William Keenan, Jr., MD, Susquehanna Health FMR, Williamsport, PA

- Identify the indications for a skin biopsy;
- Know how to choose the best biopsy type (punch, shave, curette, excision) for the lesion depending upon the type and depth;
- Practice biopsies on available "models";
- Develop a plan for treatment and follow up of the results.

# DERMOSCOPY WORKSHOP (repeat) PS

Michael Flanagan, MD, Ravishankar Rao, MD, and Kristen Grine, DO Penn State Health, State College See above objectives

9:45 - 10:00 AM Break

10:00 - 10:45 AM INFANT SKIN LESIONS PS

Fiona McLellan, MD, Williamsburg Family Practice

10:45 - 11:30 AM APPROACH TO DERMATOLOGIC LESIONS PS

Jane Rowe, DO, Blair Medical Associates, UPMC Altoona

- Recognize primary and secondary skin lesions and their clinical significance in diagnosis of skin disorders;
- Recognize how shapes and features of lesions can help diagnose skin disorders and skin diseases:
- Recognize and know the significance of patterns, shapes and configurations of lesions in diagnosis of skin diseases.

11:30 - 12:15 PM LUNCH AND LEARN - COMMON (OR NOT-SO-COMMON) OFFICE

**DERMATOLOGY PS** 

Donald Beckstead, MD, FAAFP, UPMC Altoona Family Physicians FMR

12:15 - 1:00 PM **ACNE AND ROSACEA** 

Joseph Wiedemer, MD, Penn State Medical Group

#### **CONCURRENT WORKSHOPS**

1:00 - 2:15 PM EXCISION/SHAVE/ PUNCH BIOPSY WORKSHOP (REPEAT) PS

Terry Ruhl, MD, UPMC Altoona Family Physicians FMR

William Keenan, Jr., MD, Susquehanna Health FMR, Williamsport, PA

See above learner objectives

1:15 - 2:00 PM ATOPIC DERMATITIS PS

Franklin Berkey, DO, FAAFP, Penn State Health Family & Community Residency

Program

2:15 – 3:00 PM	OCCUPATIONAL DERMATITIS - PS Christopher Heron, MD, Penn State Health Family & Community Residency Program
3:00 PM	Refreshment Break
3:15 - 4:00 PM	AND THE DIAGNOSIS IS??? NAME THAT RASH – PART I Rob Danoff, DO, MS, FACOFP, FAAFP, Aria-Jefferson Health
4:00 – 4:45 PM	<ul> <li>DERMATOLOGIC CONDITIONS OF PEOPLE OF COLOR PS</li> <li>William Keenan, Jr., MD, Susquehanna Health FMR, Williamsport, PA</li> <li>Be able to differentiate between hypertrophic scars and keloids and know options for prevention and treatment;</li> <li>Be familiar with problems commonly encountered with African American hair including tinea capitis, traction alopecia and acne keloidalis nuchae;</li> <li>Be aware of common problems with pigment loss and potential treatments.</li> </ul>
4:45 – 5:30 PM	AND THE DIAGNOSIS IS ??? NAME THAT RASH - PART II PS Rob Danoff, DO, MS, FACOFP, FAAFP, Aria-Jefferson Health

• PS = Patient Safety