

Hershey CME Conference

(Including CME, ABM events and Research Day)

March 6-8, 2020

Faculty Disclosure - All faculty participating in this continuing medical education activity are expected to disclose any real or apparent conflict(s) of interest related to the content of their presentation(s). Full disclosure of faculty relationships will be made at the activity. Any reported conflicts of interest were cleared prior to this event.

Type Key: CME Research Day Social PAFP Business Meetings Fit and Healthy

Board Review  **PS = Patient Safety** Wellness  **Opioid Ed**  **Recorded sessions for enduring online** 



THURSDAY, MARCH 5

		PAFP Commission and Board Meetings will be held as follows:
3:00 PM – 4:30 PM		COCPD
4:30 PM – 6:30 PM		GPAC (3 – 4 pm) Board of Directors

FRIDAY, MARCH 6

7:00 AM	Foyer	Registration
7:15 am – 7:30 am		Opening and Wellness Overview – What to Expect and Do’s & Don’ts  Doug Lentz, MS, CSCS, Director of Fitness and Wellness for Summit Health! Michael Gaudiose, MD, Chambersburg, PA
7:30 AM – 9:00 AM		PAFP Annual Business Meeting Breakfast (Part I) Business, Voting, AAFP Update All registrants are invited; however only PAFP members may vote.
9:00 AM – 10:00 AM		Innovations in GLP-1 Receptor Agonist Therapy: Patient-Centered PS  Strategies to Overcome Barriers and Reduce Cardiometabolic Risk in Type 2 Diabetes Mellitus Richard E. Pratley, MD, AdventHealth Diabetes Institute, Orlando, FL
10:00 – 10:20 AM		Exercise and Refreshment break 


Concurrent Sessions

10:20 AM – 12:20 PM		Act 31 Child Abuse Training - Recognizing and Responding to Children at Risk PS Lori D. Frasier, MD, Penn State Children’s Hospital and Michele Rush, Alternative Behavior Consultants (Meets State Requirement for Mandated CME) Due to program guidelines, only the first 100 people can be admitted to the session.
		Endocrine “Storm” – John Surry, MD Moderator PS   Sub-Clinical Hypothyroidism (10:20 – 10:45 am) Michael Humphrey, DO, UPMC Altoona Adrenal Nodules and Aldosterone (10:50 – 11:15 am) Andrea Manni, MD, Penn State College of Medicine Evaluation and Management of Amenorrhea (11:20 – 11:45 am) Andrew Lutzkanin, MD, FAAFP, Penn State College of Medicine Roundtable discussions on the above topics - Dissect and Discuss (11:50 am – 12:15 pm)

12:25 PM – 1:30 PM		Annual Business Meeting Lunch (Part II) Awards: Family Physician of the Year, Exemplary Teacher, Degree of Fellow, Installation of Officers
1:30 PM – 3:00 PM		Resident and Student Affairs Committee Meeting
1:30 PM – 2:30 PM		The Diabetic Kidney....What to do?  PS Louis Kuritzky, MD, FAAFP, North Florida Regional Medical Center Family Medicine Residency
2:30 PM – 2:40 PM		Wellness Segment – immediately following the above session in the same room  “Quick Core” for Physician and Patient - Doug Lentz, Summit Health
Concurrent Sessions		
2:45 PM – 3:45 PM		Population Health 101 PS Brian J. Young, MD, Lancaster General Health / Penn Medicine
		Social Determinants of Health and Diabetes (2:45 – 3:05 pm) PS  Strategies to Ease the Pharmacological Financial Burden of Diabetes Management (3:10 – 3:45 pm) PS  Michael Colli, MD, Chambersburg Michael Geishauser, Pharm.D, UPMC Altoona
3:45 PM – 4:00 PM		Refreshment and Exercise Break  Exercise break will take place immediately following the session in the same room.
Concurrent Sessions		
4:00 – 4:45 PM		Keto Diets... the Latest, Greatest and Not-so-Great Fads PS  T. Grant Phillips, MD, Altoona Family Physicians FMR
		Case Studies on Cost Effective Diabetic Management PS   Michael Humphrey, DO, UPMC Altoona and Michael Geishauser, Pharm.D, UPMC Altoona
4:45 PM – 5:15 PM		The Lila Stein Kroser, MD Memorial Lecture Amy Crawford-Faucher, MD, FAAFP, Forbes Family Medicine, Monroeville, PA
5:15 – 5:45 PM	Fountain Lobby	President’s Reception – everyone is invited to meet, greet and offer congratulations to our newly installed President Tracey Conti, MD while enjoying some light fare and beverages.
5:45 PM – 8 PM		President’s Celebration! Hershey’s Chocolate World Join us in continuing the celebration welcoming Dr. Conti over at Hershey’s Chocolate World... make your own candy bar! Enjoy plenty of wonderful food, beverages, camaraderie and special visits from Hershey characters! (separate registration fee applies) Meet in the lobby by 5:45 for the shuttle.

Saturday, March 7

7:30 AM – 8:15 AM

Doug Lentz, Summit Health 
Segment TBD

7:30 AM – 8:30 AM

Reorganizational Board Meeting (breakfast served)

8:00 AM – 8:45 AM

Breakfast – limited exhibitors will be available to share info and answer questions.**Concurrent Sessions**

8:45 AM – 9:30 AM

Person-Centered Decision Making in Advancing Illness: Essential Knowledge and Critical Skills – Part I **PS**

James W. Joseph, MD, and F. Daniel Davis, Ph.D, Geisinger Health System

Testosterone Update 

T. Grant Phillips, MD, Altoona Family Physicians FMR

9:30 AM – 9:45 AM

Wellness Segment – immediately following the above session in the same room 

9:00 AM – 4:30 PM

Research Day**Students, Residents, and Physicians/Fellows present the latest clinical research abstracts**

- **Oral Presentations 9:00 – 10:30 am and 3:00 – 4:15 pm**
- **Poster sessions as noted on this agenda**
- **Career Track as noted below**


Concurrent Sessions

9:45 AM – 10:30 AM

DPC Panel – Pros, Cons and Questions **PS**Christopher Lupold, MD, FAAFP, Alere Family Health, LLC
Tiffany Leonard, MD, FAAFP, Deer View Family Medicine
Stacey S. Denlinger, DO, CovenantMD**Person-Centered Decision Making in Advancing Illness: Essential Knowledge and Critical Skills – Part II - Workshop**

James W. Joseph, MD, and F. Daniel Davis, Ph.D, Geisinger Health System

10:30 – 11:00 AM

Research Day Poster Viewing/Discussions (CME)**Refreshment Break with Exhibitors and Wellness Break** **Concurrent Sessions**

11:05 AM – 12:05 PM

Engaging Your Patients! **PS**

Edward Leigh, MA, Center for Healthcare Communication, Cleveland, Ohio

Continuous Glucose Monitoring Workshop (space is limited to 20 ppl) **PS**

April Letcher, Pharm.D, BCACP, BC-ADM, Dunham Army Health Clinic, US Army War College, Carlisle, PA and Leslie High, MT (Abbott – Diabetes)

11:00 AM – 2:00 PM

Resident and Student Career Track**Flip the Script on Student Debt and Pay Yourself First (11:15 am)**

		<p>Lunch break with exhibitors 12 – 12:20 pm</p> <p>New Physician Panel: How to Negotiate Your Path From Residency to Practice (12:20 pm)</p> <p>Advocacy 2.0 Workshop (1:15 – 2:30 pm)</p>
11:15 AM – 12:15 PM		PAC Board Meeting
12:10 – 1:10 PM	Exhibit area	Lunch and Learn with exhibitors – Grab a bite and learn about new products and services now available.
Concurrent Sessions		
1:15 – 1:45 PM <i>(Note – check session times for each as not all are the same)</i>		<p>When Endocrine Abnormalities are a Medication Side Effect (1:15 – 1:45 pm)  PS </p> <p>Donald Beckstead, MD, Altoona Family Physicians FMR T. Grant Phillips, MD, Altoona Family Physicians FMR Michael Geishauser, Pharm.D, UPMC Altoona</p>
		<p>Continuous Glucose Monitoring Workshop PS (1:15 – 2:15 pm) Repeat</p> <p>April Letcher, Pharm.D, BCACP, BC-ADM, Dunham Army Health Clinic, US Army War College, Carlisle, PA and Leslie High, MT (Abbott – Diabetes)</p>
1:45 PM – 2:30 PM		<p>Approach to PCOS</p> <p>Jenny Wang, MD, University of Pennsylvania, Philadelphia, PA</p>
		<p>Diabetic Polyneuropathy PS </p> <p>Aiesha Ahmed MD, MBA, Penn State Milton S. Hershey Medical Center</p>
2:30 PM – 3:00 PM		Exhibits/Research Day Poster Viewing/Discussion (CME) and Chocolate Dipping Social
3:00 – 3:45 PM		<p>Quick Hits – Moderated Endocrinology Q & A PS </p> <p>John Surry, MD, Moderator</p>
3:45 – 4:15 PM		<p>Clinical Problem Solving: Critical Thinking and Diagnostic Reasoning – Part I PS </p> <p>Dennis Gingrich, MD, Penn State Milton S. Hershey Medical Center</p>
4:15 PM – 4:45 PM		Research Day Awards and Exhibit Reception
4:45 – 5:45 PM		<p>Clinical Problem Solving: Critical Thinking and Diagnostic Reasoning – Part 2 Cases PS </p> <p>Dennis Gingrich, MD, Penn State Milton S. Hershey Medical Center</p>
5:00 – 5:30 PM		Resident and Physician Q & A session
5:30 – 6:15 pm		Wellness Segment TBD 
6:00 PM – 7:30 PM (tentative time)		<p>PAFP PAC Fundraiser.... Iron Hill Brewery (shuttle service provided)</p> <p>Join us and the company of friends for a great cause! Food and drinks provided, but you should bring your own friends. 😊 <i>Minimum donation of \$75 to the PAFP PAC suggested.</i></p>

Sunday, March 8

7:00 – 7:45 AM		Wellness and Exercise Segment TBD  Mike Hayduk, Certified Yoga Instructor and Liz Mueller, PT (Everyone is welcome. Come as you are!)
7:00 – 7:45 AM		Breakfast Focus Group – 10 – 15 volunteers needed for this discussion group focusing specifically on physician Practice Management needs and requests for development of education programs moving forward. Please contact Janine at jowen@pafp.com if interested. Spots will be filled on a first-come, first-served basis. Thank you in advance.
7:30 – 8:30 AM		Symposium - A Treatment Option to Reduce the Risk of Heart Failure Hospitalization in Patients with Type 2 Diabetes Surendra Sivarajah, MD and Mark Sanford, NP-C, CDE (Breakfast will be served by PAFP) This non-cme symposium is brought to you by Astra Zeneca
8:30 – 9:30 AM		Best Practices: Opioid Prescribing PS   Gregory Dobash, MD, FAAFP, St. Luke's Health System, Bethlehem, PA
Concurrent Sessions		
9:30 – 10:15 AM		Medical/Legal Session – Social Media Cases and Best Practices for Avoiding the Courtroom PS Edward Zurad, MD, FAAFP and Patrick A. Carey, Esq.
10:15 – 11:00 AM		Work/Life Balance PS  Maya Bass, MD, Drexel University College of Medicine, Philadelphia, PA
11:00 AM		Check out break
11:15 – 12:00 PM		Sleep Management – Counting Sheep Just Isn't Working Anymore PS  Kawish Garg, MD, Geisinger Holy Spirit Neurology/Sleep Clinic, Lemoyne, PA
12:00 – 1:00 PM		Non-Pharmaceutical Options for Chronic Pain PS   Maya Bass, MD, Drexel University College of Medicine, Philadelphia, PA
1:00 PM		Closing remarks and drawings – must be present to win \$\$\$

Spouses and Guests... ever wonder why sometimes photos taken with cell phones are either really good, not so good, or just plain bad no matter what type of phone you have? Dr. T. Toe Thane will be offering his photography expertise over the course of this weekend. There is no cost to attend this fun, interactive and informative group. Click on this link to learn more about Dr. Thane: <http://www.t-3photography.com/about> .

There will be three sessions: Friday from 1 – 3 pm; Saturday from 9 – 11 am and then 1 – 3 pm where you'll take a quick shuttle ride over to the Hershey Gardens to the Butterfly House to put to use what you learned in the previous sessions.

If you plan to attend these complimentary sessions, please let either Lindsey or Janine know asap as space may be somewhat limited. jowen@pafp.com or lkillian@pafp.com.