
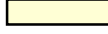


**PENNSYLVANIA ACADEMY OF FAMILY PHYSICIANS  
NOVEMBER 8 – 10, 2019  
Bedford CME Conference**

**Faculty Disclosure** - All faculty participating in continuing medical education activities sponsored by the PAFP Foundation are expected to disclose to the activity audience any real or apparent conflict(s) of interest related to the content of their presentation(s). Full disclosure of faculty relationships will be made at the activity. Any reported conflicts of interest were cleared prior to this event.

**Type Key:** CME  Fit and Healthy  Social  PAFP Business Meetings 

**PS = Patient Safety**

 = **Wellness**

**Board Review**



<b>Thursday, November 7</b>	
3:00 – 4:30 pm	<b>Committee Meetings</b> GPAC and COCPD
4:30 – 6:30 pm	Board of Directors Meeting
<b>Friday, November 8</b>	
7:00 am – 8:00 am	<b>Registration and light breakfast</b>
7:40 am – 8:00 am	<b>Connecting with PAFP...a quick tech overview by Lindsey on the EEDs credit reporting system and the conference app...how it works and what you need to know</b>
8:00 am – 9:00 am	<b>Women’s Sexual Well-Being (Genitourinary Syndrome of Menopause (GSM) and Hypoactive Sexual Desire Disorder (HSDD) – Let’s Start a Conversation, Part 1</b>  Lisa Larkin, MD, FACP, NMCP, Cincinnati, OH
9:00 am – 9:30 am	<b>Exercise and Wellness Overview – What to Expect and Do’s &amp; Don’ts</b>  <i>Doug Lentz, MS, CSCS, Director of Fitness and Wellness for Summit Health!</i> Refreshments available
10:00 – 11:00 am	<b>Evaluation and Workup for Pelvic Pain in Women: The Critical Role of Family Physicians</b> Sarina Schrage, MD, MS, University of Wisconsin, Madison, WI  <b>PS</b>
11:00 am – 12:00 pm	<b>Women’s Sexual Well-Being – Part 2</b>  Lisa Larkin, MD, FACP, NMCP, Cincinnati, OH
12:00 pm – 1:00 pm	Lunch Symposium - <b>Understanding Legal Tools: Keys to Lawsuit Prevention, License Protection and Tax Reduction</b>
<b>Concurrent Sessions</b>	
1:00 – 1:45 pm	<b>New Lipid Guidelines</b> <b>PS</b> Drew Keister, MD, Lehigh Valley Health System, Allentown, PA
1:45 pm – 3:45 pm	<b>Physician Health First! - Physician Well-Being</b>  <b>PS</b> Mark Stephens, MD, Penn State Health, State College, PA

3:45 – 4:30 pm	<p><b>Advocacy 101</b> Mr. Brent Ennis, Deputy Director and PAFP lobbyist</p> <hr/> <p><b>When it Isn't Simple: Managing Difficult LARC Insertion and Removals</b>  Maya Bass, MD, Drexel University College of Medicine, Philadelphia, PA</p>
4:30 pm – 5:00 pm	<p><b>Quick Hits – Women's Health Board Review Q &amp; A</b> Donald Beckstead, MD, UPMC Altoona Family Physicians FMR  <b>PS</b></p>
5:00 – 6:00 pm	<p><b>PAC Social</b> - Join us at the fire pit (weather permitting of courses) to unwind and enjoy the company of colleagues and friends over some music, snacks and tasty drinks.</p> <p><i>Minimum donation of \$75 to the PAFP PAC suggested. See registration form for details. (Space will be also available inside the Tavern for those not wanting to be outside.)</i></p>
5:15 am – 6:00 pm	<p><b>Decompress and De-stress - Wellness Activity</b>  <b>To Stretch or Not to Stretch!</b></p>
6:15 – 8:15 pm	<p><b>Healthy Eating and Pairing Experience</b> – join your friends and participate in this fun and simple “hands on pans” exercise with Chef who will demonstrate just how easy eating healthy can be...and enjoy pairings (alcohol and non-alcohol) to accompany each selection. (details not yet finalized on this program)</p>
<b>Saturday, November 9</b>	
7:30 am – 8:15 am	<p><b>Body Weight Wake-Up with Doug</b> </p>
8:00 – 9:00 am	<p>Breakfast – exhibitors present</p>
9:00 am – 3:00 pm	<p><b>Knowledge Self-Assessment (KSA) Study Group – Women's Health</b> <b>PS</b> Americo Fraboni, MD, Dept. of Family Medicine, University of Minnesota School of Medicine, Minneapolis; Fairview Northland Medical Center, Princeton, MN David Glenn Weismiller, MD, ScM, FAAFP, Dept. of Family and Community Medicine, University of Nevada, Las Vegas School of Medicine</p>
9:00 – 10:00 am	<p><b>Axial Spondyloarthritis: A Case-Based Approach to Addressing Diagnostic Challenges and Missed Opportunities in the Primary Care Setting</b> Jeffrey Kaine, MD, Director of Independent Healthcare Consulting Cullowhee, North Carolina</p>
<b>Concurrent Sessions</b>	
10:00 – 10:45 am	<p><b>Pearls of Med Mal and Risk Management in the Age of the E H R</b> <b>PS</b> Andrew Worek, Esq., Post &amp; Post, LLC, Berwyn, PA</p> <hr/> <p><b>Keto Diets... the Latest, Greatest and Not-so-Great Fads</b> <b>PS</b> Grant Phillips, MD (speaker tentative)</p>
10:45 – 11:15 am	<p><b>Info Exchange with Exhibitors (refreshments provided)</b></p>

	<p><b>Quick-Stepping Safely...and we're not talking about dancing!</b> </p> <p>Doug Lentz, MS, CSCS, Director of Fitness and Wellness, Summit Health</p>
11:15 am – 12:00 pm	<p><b>Medical Marriage / Physician Health and Well-Being</b>  <b>PS</b></p> <p>John Kelly, MD, University of Pennsylvania</p>
12 – 12:30 pm	<p><b>Lunch and Learn with our corporate friends (exhibitors present)</b></p>
12:00 pm	<p><b>Resident and Student Affairs Committee (RSAC) Lunch Meeting</b></p>
12:30 – 1:15 pm	<p><b>Social Determinants of Health</b> <b>PS</b></p> <p>Susan Coutinho McAllister, MD and Michelle Murphy, Pharm.D., AmeriHealth Caritas, Pennsylvania Community HealthChoices (CHC)</p>
1:15 – 2:15 pm	<p><b>Dodging Pitfalls with Patient Dismissals</b> <b>PS</b></p> <p>Theodore Demetriou, DO, Karl Clebak MD, FAAFP and Robert Lennon, MD, JD, FAAFP Penn State Hershey</p>
2:15 – 3:15 pm	<p><b>Enhancing the Patient-Provider Connection: Practical Strategies for Improving Outcomes in Obesity Management</b> <b>PS</b></p>
3:15 pm – 3:30 pm	<p><b>Wellness Segment – immediately following Obesity session in the same room</b> </p> <p>“Quick Core” for Physician and Patient - Doug Lentz, Summit Health</p>
3:30 pm – 4:00 pm	<p><b>Refreshment Break / Exhibit Time</b></p>
4:00 – 5:00 pm	<p><b>Obesity - Workshop</b> <b>PS</b></p>
<p><b>5:00 pm - Fall Fest Social (exhibitors invited and encouraged to stay for this fun social mixer) Eat, Drink and be Merry!!</b></p>	
6:15 – 7:00 pm	<p><b>Decompress and De-Stress - Wellness Activity</b> </p> <p>“Hands on...Hands off” movements for balance</p>
<p><b>7:30 – 8:00 pm Just What the Dr. Ordered...The comedy of John D. Kelly, IV, MD</b> (light refreshments available)</p>	
<p><b>Sunday, November 10</b></p>	
7:30 am – 8:30 am	<p><b>Wake up Bedford!!!! – Wellness Activity</b> </p> <p>Liz and Mike from Gettysburg are back!!!</p>
8:30 – 9:15 am	<p><b>Breakfast and PAFP Legislative Update – (Congressman Joyce - tentative)</b></p>
9:15 am – 10:15 am	<p><b>Moving Toward Elimination Through Better HBV Recognition: A Combined Patient/Provider Strategy</b> <b>PS</b></p> <p>Richard R. Andrews, MD, MPH , Houston, TX</p>
10:15 am – 10:30 am	<p><b>Check out break (refreshments provided)</b></p>
10:30 – 11:30 am	<p><b>Diagnostic Dilemmas and Medical Mysteries</b> <b>PS</b></p>

	Dennis Gingrich, MD, Penn State Milton S. Hershey Medical Center, Hershey, PA
11:35 – 12:20 pm	<b>Myths, Lies and Rhetoric: Deconstructing the Anti-Vax Movement</b> <i>PS</i> Robert Lennon, MD, Penn State Health, Hershey, PA