

PAFP and WellSpan Health CME Conference
 (Including CME, ABM events and Research Day)
 March 7 – 10, 2019

Faculty Disclosure - All faculty participating in this continuing medical education activity are expected to disclose any real or apparent conflict(s) of interest related to the content of their presentation(s). Full disclosure of faculty relationships will be made at the activity. Any reported conflicts of interest were cleared prior to this event.

Type Key: CME Research Day Social PAFP Business Meetings

Board Review



PS = Patient Safety

Wellness



Opioid Ed






THURSDAY, MARCH 7		
3:00 PM – 4:30 PM	<p align="center">PAFP Commission and Board Meetings will be held as follows:</p> <p>COCPD GPAC RSAC</p>	
4:30 PM – 6:30 PM	<p align="center">Board of Directors (light hors d'oeuvres served)</p>	
6:30 PM – 8:00 PM	<p align="center">PAFP PAC Fundraiser.... come one and all!</p> <p align="center">Join us at the 1863 Lobby Bar where you can relax and enjoy the company of colleagues and friends over some music, food, and tasty drinks. You might even see a famous figure from days past.</p> <p align="center">Minimum donation of \$150 to the PAFP PAC suggested. See registration form for details.</p>	
FRIDAY, MARCH 8		
7:30 AM – 9:00 AM	Foyer	Registration
7:30 AM – 9:00 AM		<p>Opening and Welcome</p> <p>PAFP Annual Business Meeting Breakfast (Part I) Business, Voting, AAFP Update</p> <p>All invited; however only PAFP members may vote. This session will be live-streamed.</p>
Concurrent Sessions		
9:00 AM – 9:45 AM		<p>A Multi-Disciplinary Approach to The Autistic Patient PS Michael A. Fueyo, MD, Lancaster, PA</p>
		<p>Driving in the Elderly...When is the Right Time to Surrender That PS Driver's License? (Board Review) Timothy Pelkowski, MD, Saint Vincent Hospital, Allegheny Health Network</p>

10:00 AM – 11:00 AM		The Challenge of Managing ASCVD Risk: Redefining the Role of Non-Statin Therapies PS Paul Doghramji, MD, Collegeville, PA
11:00 – 11:15 AM		Exercise and Refreshment break  Doug Lentz, MS, CSCS, Director of Fitness and Wellness, Summit Health
Concurrent Sessions		
11:15 AM – 12:00 PM		Pre-Operative Evaluation (Board Review) PS  Syed Atif, MD, WellSpan Family Medicine, Lebanon, PA (invited)
		From Cradle to Grave ...Caring for the Caregiver PS
12:00 PM – 1:30 PM		Annual Business Meeting Lunch (Part II) Awards: Family Physician of the Year, Exemplary Teacher, Degree of Fellow, Installation of Officers
Concurrent Sessions		
1:30 PM – 2:15 PM		The Application of Moral Principles to End-of Life Issues PS Peter A. Clark, S.J., Ph.D, St. Joseph's University, Philadelphia
		When to Stop Screening and Testing – Mammograms, Paps, Colonoscopy (Board Review) PS 
Concurrent Sessions		
2:15 PM – 2:45 PM		CDL Update
2:15 PM – 2:45 PM		Fecal Incontinence and Constipation in the Elderly (Board Review) PS  Abdul Waheed, MD, WellSpan Family Medicine, Lebanon, PA
2:45 PM – 3:00 PM		Refreshment and Movement Break
3:00 PM – 3:45 PM		Oral Health in the Elderly (Board Review)  Craig Pate, DDS, York, PA
3:45 PM – 4:30 PM		Quick Hits – Moderated Geriatrics Q & A PS John Surry, MD, Moderator
4:45 PM – 5:15 PM		The Lila Stein Kroser, MD Memorial Lecture Margot L. Savoy, MD, MPH, Temple University – Lewis Katz School of Medicine, Philadelphia
5:45 PM		Meet in Lobby for shuttle to the President's celebration!

6:15 PM – 9:30 PM		President's Celebration! Join us in welcoming Mary Stock Keister, MD, newly installed PAFP President, at the Gettysburg National Military Park Museum and Visitors Center. Enjoy plenty of wonderful food, beverages, camaraderie and a very special visit from a famous historical figure!
Saturday, March 9		
7:00 AM – 8:00 AM		Registration
7:00 AM – 8:00 AM		Breakfast – limited exhibitors will be available to share information and answer your questions about products and/or services
7:30 AM – 8:30 AM		Reorganizational Board Meeting (breakfast served)
9:00 AM – 5:00 PM		Research Day Presentations Students, Residents, and Physicians/Fellows present the latest clinical research abstracts Poster sessions as noted on this agenda. Specific times for oral presentations will be listed shortly.
8:00 AM – 9:00AM		Lying to Ourselves, Is This Us?... Ethical Dilemmas in the Military and in Medicine PS Lenny Wong, MD, US Army War College, Carlisle, PA
Concurrent Sessions		
9:15 AM – 10:00 AM		Panel Discussion Michael Gaudiose, MD, Moderator Lenny Wong, MD, US Army War College, Carlisle, PA Dennis Gingrich, MD, Penn State Milton S. Hershey Medical Center Jane Zendarski, MD, WellSpan Family Medicine, Lebanon, PA (invited)
		Polypharmacy /Beers Criteria / Deprescribing PS (Board Review) Theresa Langheine, Pharm.D, BCPS, WellSpan Health, York, PA
10:00 – 10:30 AM	Foyer	Research Day Poster Viewing/Discussions (CME) Refreshment Break with Exhibitors and Movement Break
10:30 – 11:15 AM		Love your Heart, Calm your Mind & Feel your Breath Mihir G. Modi, DO, FAAFP, CIHA, Wellspan, York, PA PS  Body Scan , Heartfulness Meditation & Breathing exercises
		Fake Medical News: Medical Misinformation in the Digital Age and How to Correct It PS William Sonnenberg, MD, Titusville
11:00 AM – 2:00 PM		Resident, Student Track Session #1 (11 am)

		Education Loan and Personal Finance Session #2 (12:15 pm) Practice Models - Panel Session #3 (1:15 – 2 pm) Advocacy 101, Brent Ennis, PAFP Deputy Director and Lobbyist
Concurrent Sessions		
11:15 AM – 12:00 PM		Narrative Medicine Andre Lijoi, MD, Wellspan Family Medicine Residency, York
		Trauma Informed Care (Aces) PS Robert Reed, Pennsylvania Attorney General’s Office Sandy Bloom, MD, Drexel University
12:00 – 1:10 PM		Lunch and Learn with exhibitors
1:15 PM – 2:15 PM		CVD and Renal Disease in T2DM – Individualizing Therapeutic Options to Reduce Comorbid Risk Ellen H. Miller, MD, Hewlet, NY
Concurrent Workshops		
2:15 PM – 5:15 PM Exhibit, Poster Presentations and movement breaks are at 3:30 pm. Time will be given during the workshops for the breaks.		Casting and Splinting Workshop PS
		Sports Medicine Workshop (will repeat at 4 PM) PS
		Non-Ultrasound Joint Injection Workshop (will repeat at 4 PM) PS Jeffrey Zlotnick, MD, Penn State Health St. Joseph, Reading
		Mental Health Office Emergencies/ Crisis Intervention – Real life Scenarios PS Sukhjeet Kamboj, MD, and Nora Callinan, MD, Wellspan Family Medicine, Lebanon, PA
3:30 PM – 4:00 PM		Research Day Poster Viewing/Discussion (CME) Refreshment and Wellness Breaks  Wellness Breaks will feature two different segments from which to choose; one by Doug Lentz, the other by Mihir G. Modi, DO
5:20 PM – 6:15 PM		Research Day Awards Reception
6:00 PM – 9:00 PM		PAFP Leadership Institute – (dinner will be served) <i>This is the 3rd installation of the Leadership Institute in this series. Physicians need NOT have participated in any of the previous sessions to participate. Through exceptional speakers and top-of-the-line education featuring the latest research and insight on topics ranging from communication and technology to marketing, ethics, and emotional intelligence, the PAFP Leadership Institute is the place to be for members on all parts of the family medicine journey to unlock their capacity to influence and serve.</i> Separate registration fee applies.
Sunday, March 10		

7:15 AM		Yoga and Yogurt – Special exercise segment
8:00 AM – 9:00 AM	Mandated Education Track	How to Integrate the Use of the PDMP into the Workflow to Make Clinical Decisions (Pa. DOH) <i>PS</i> 
9:00 AM – 10:00 AM		Effective Opioid Tapering Practices (Pa DOH) <i>PS</i> 
10:00 AM – 11:00 AM		Pain Management and Best Practices <i>PS</i>  Christopher Kent Echterling, MD, WellSpan Community Health Center, York, PA (invited)
11:00 AM		Check out break
11:30 AM	Optional event	Meet in ballroom for Strategic Leadership Ride-Along Kick-off.
12:00 PM – 3:30 PM	<p>See registration page for pricing.</p> <p><i>A separate fees applies and covers transportation to and from the Gettysburg Battlefield, boxed lunch, bottled water and any needed supplies.</i></p>	<p>US Army War College’s Center for Strategic Leadership Ride Along – (an experiential program for today’s physician leaders)</p> <p>Led by Colonel Richard Sheffe, US Army War College</p> <p><i>Using the battlefield as a learning laboratory, military historians and leadership specialists make the human dimensions come alive. By recognizing the strategic dilemmas facing physician leaders, Gettysburg National Military Park becomes a tool for learning how to identify and address healthcare industry challenges. – A separate fees applies and covers transportation to and from the Gettysburg Battlefield, boxed lunch, bottled water and any needed supplies.</i></p>